



# HARMONY



**Rotary Bangalore Rajmahal Vilas Bulletin**  
**Club No.31297 / RI District 3192**



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**18th July 2024**

# HARMONY

**Rotary**  
Bangalore Rajmahal Vilas



*Serving the Community  
Since 1996*

*Service above self*



PEACE BUILDING AND  
CONFLICT PREVENTION



ENVIRONMENT



DISEASE PREVENTION  
AND TREATMENT



COMMUNITY ECONOMIC  
DEVELOPMENT

**ROTARY'S  
AREAS OF  
FOCUS**



WATER, SANITATION  
AND HYGIENE



BASIC EDUCATION  
AND LITERACY



MATERNAL AND  
CHILD HEALTH



# RI PRESIDENT' S MESSAGE



**Stephanie A. Urchick**

President, 2024-25  
Rotary International

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22 February 2024

Dear fellow Rotary leaders:

As we begin a new year of service, let us not forget the importance of every one of Rotary's members.

We need your leadership now more than ever if we are to make every club and district an irresistible experience. Rotary has a chance to capture the world's attention and realize possibilities beyond our expectations. But we must build on the work that has come before us if we are to reach our goals, such as defeating polio and unlocking the power of girls and women.

Rotary offers people of action a chance to connect and find belonging, and this fellowship gives us the potential to improve our communities and the world. By following Rotary's Action Plan and helping make sure all members feel a sense of belonging in their club, you have a special opportunity to inspire members to new heights of service.

Our ability to create lasting change begins with our family of Rotary. Together, it is within our power to bring healing in a divided world.

Join me in making Rotary a source of strength for those who need it most, within and beyond our membership. Let this be the year we harness *The Magic of Rotary*, and let Rotary be known as an organization that takes care of its members as well as the people we serve.

It is within your power to help make Rotary a beacon of goodwill and fellowship in every community.

Remember that your work can and will change the world with *The Magic of Rotary*.

Warm regards,

A handwritten signature in black ink that reads "Stephanie A. Urchick". The signature is fluid and cursive, with a large initial 'S'.

Stephanie A. Urchick  
Rotary International President, 2024-2025

# DISTRICT GOVERNOR'S MESSAGE



Rtn. Mahadev Prasad N.S  
District Governor 2024-25



Dear Team Josh Rotarians of District 3192,

I bring greetings from our Rotary International President Stephenie Urchick. The theme for the year 2024 - 25 is " The Magic of Rotary ".

I hope this message finds you well and inspired for the year ahead. As we move forward, our focus in the coming year will be on the critical area of "Peace and Conflict Resolution", a necessity in today's complex world. It is through our dedication and collective action of Rotarians like you, that we can foster a more peaceful and harmonious society.

Core pillars of our service:

**Heart of Rotary-Service with Friendship and Fellowship;**

At the heart of Rotary lies our unwavering commitment to service, strengthened by the bonds of friendship and fellowship. Together, we will cultivate a spirit of camaraderie, uniting our efforts to serve those in need.

**Strengthening Rotary Families**

The unity and bonding of Rotary families are fundamental to our success. By fostering close-knit relationships within our Rotary community, we build a strong foundation for impactful service.

**Empowering Youth,**

The youth are the power and future of Rotary. We will invest in their potential, providing opportunities for leadership development, education, and community engagement. Their energy and vision are crucial to our mission.



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## Vocational Service

Developing skills and creating a competent workforce is essential. Our vocational service initiatives will focus on skill development and employment opportunities, enabling individuals to achieve self-sufficiency and contribute to the economy.

## International Service and Friendship Programs

Rotary's reach is global, and our international service programs will strengthen cross-cultural friendships and understanding. Through these efforts, we promote global cooperation and goodwill.

## Key Areas of Focus:

Women Empowerment, Supporting women through education, vocational training, and leadership opportunities is essential for societal progress.

Mother and Child Health, We will continue our efforts to improve maternal and child health, with a specific focus on promoting cervical cancer vaccinations.

Mental Health, Addressing mental health issues is crucial. Our initiatives will aim to raise awareness, provide support, and reduce stigma associated with mental health challenges.

Environment, Protecting our environment through sustainable practices and reforestation efforts is vital for our future.

Supporting Farmers, Farmers are the backbone of our society. We will support them through initiatives that enhance agricultural practices and ensure fair market access.

Healthcare Innovations, Emphasizing advancements in healthcare, such as the new cancer medication developed by Tata and Heart surgery programs, will be a significant focus during Rotary Year 2024-25.

Elderly Care through Asare Program, The Asare program will ensure our elderly population receives the care, respect, and companionship they deserve.

The Rotary Foundation, I urge all the clubs to reach out to each member to contribute at least \$26.5 to the foundation and strengthen Rotary's service to humanity.

Membership, Rotary's survival as a service organisation depends on the growth of the membership in every revenue district with an objective to collaborate with the local community. It is hence important for every club to invite people into Rotary who can value add and sustain the growth of community serving.

As we embark on this journey, I call upon each one of you to actively participate, share your ideas, and contribute your time and resources. Together, we can make a profound impact and create lasting change in our communities.

Let us work together with determination, embodying the Rotary spirit of "Service Above Self," thus creating "The Magic of Rotary." I am confident that our combined efforts will lead to remarkable achievements in the coming year.

Warm regards,

N S Mahadev Prasad  
District Governor  
2024 - 25  
Rotary District 3192

# Club President's Message

My Dear Rotarians,

I bring warm greetings to you and your family members from our District Governor Rtn N S Mahadev Prasad and First Lady Rajeshwari!



The Rotary International theme for 2024-25 “THE MAGIC OF ROTARY” emphasizes the transformative power of Rotary International’s work in communities around the world. Similarly, The Rotary District 3192 theme for 2024-25 “Team Josh” emphasizes the very essence of enthusiasm, the power of team work and unwavering passion igniting and perfectly capturing the team’s spirit and dedication. The dynamic and eye-catching design of Team Josh logo is a true reflection of the team’s infectious energy and commitment.

Our sincere respect to the outgoing President Rtn Pranjit Dutta and team for an outstanding Rotary Year 2023-24. You have made us all proud by scaling newer heights by executing wonderful projects.

It is with great honour and privilege; I take over as the 29th President of this prestigious club Rotary Bangalore Rajmahal Vilas. I am blessed to have a very efficient and professional team at the secretariat. Club Secretary Rtn Sundar Prakash and Club Treasurer Rtn Surendraa Singhvii have been working very closely with me during the preparations for the new Rotary Year.

The focus will be to have a fulfilled activity plan with special emphasis on regular family fellowship programs, bonding activities, increasing member engagement programs, collaborate with the local community by actively involving them in meaningful and scalable projects and last but not least, engage with Rotaractors, Interactors and Inner Wheel members to foster goodwill and mutual growth.

Our club over the last 2 decades has earned the distinction of executing some of the most unique projects and continues to grow year on year. The project size has been consistently more than Rs one crore every year. Health, Education and Environment will be the key focus areas and ably supported by large hearted donors of our club and many of the CSR partners who have partnered with us.

I am grateful to the board and other members of Rotary Bangalore Rajmahal Vilas for bestowing me this opportunity to lead the club during 2024-25. The board is equipped with the best of resource in terms of experience and knowhow to carry forward all the plans envisaged for the Rotary Year.

Rotary is a very well-structured organization. It is therefore important for us to follow the best practices while following the principles of 4-way test and adhere to all the compliances and protocols. We will strictly follow the bylaws and constitution prescribed by the Club, District and Rotary International.

Let us come together ever so closely to experience joy, happiness, good health and bring new meaning and life to the deserving people in our community by serving them.

Wishing you and your family very best!!

Warm regards,

**Rtn. Deepa Sashindran**  
**President - Yr 2024-25**  
**Rotary Bangalore Rajmahal Vilas**

# Board Of Directors 2024-25

SL NO	Designation RY 2024-25	Name
1	PRESIDENT	Rtn Deepa Sashindran
2	SECRETARY	Rtn Sundar Prakash
3	Jt SECRETARY	Rtn Sanjeevi Singh
4	TREASURER	Rtn Surendraa Singhvii
5	IPP - IMMEDIATE PAST PRESIDENT	Rtn Pranjit Dutta
6	PRESIDENT ELECT (2025-26)	Rtn Rajagopal Hegde
7	VICE PRESIDENT	Rtn Deepa Padmanabhan
8	SEGEARENT-AT-ARMS	Rtn Dr Anil Goel
9	CLUB MENTOR	Rtn Rajaram Krishnamurthy
10	DIRECTOR - CLUB SERVICE	Rtn Lakshmi Devprakash
11	DIRECTOR - COMMUNITY SERVICE	Rtn Pallavi Harikrishna
12	DIRECTOR - VOCATIONAL SERVICE	Rtn Subramanya Navada
13	DIRECTOR - YOUTH SERVICE	Rtn Sabreesan
14	DIRECTOR - INTERNATIONAL SERVICE	Rtn Rajesh Ghasi
15	DIRECTOR - MEMBERSHIP DEVELOPMENT	Rtn Vinod Singh
16	DIRECTOR – PUBLIC IMAGE	Rtn Sandeep Yadav
17	DIRECTOR - PROJECTS	Rtn Kirti Mehta
18	DIRECTOR - TRF	Rtn Mahadev Dambal
19	DIRECTOR - CSR	Rtn Lakshmikanth Yadav
20	BULLETIN EDITOR	Rtn Shruti Jayasimha Rtn Kirthi Mehta, Rtn Mahadev Dambal,
21	CLUB ADVISOR/S	Rtn Arjun Merwade, Rtn Raghuvveer
22	DEI Chair	Rtn Pushpalatha
23	Environment Chair	Rtn Sanjay Krishna
24	Peace & Conflict Chair	Rtn Suhail Ahmed
25	Avoidable Blindness Chair	Rtn Usha Medina
26	Women & child Empowerment Chair	Rtn Nirmala
27	Technology Chair	Rtn Madhu Kumar
28	Maternal & child Health Chair	Rtn Dr Anuradha
29	Economic & Community Dev Chair	Rtn Sarangan
30	Basic Education & Literacy Chair	Rtn Nalini Shetty
31	Polio Chair	Rtn Dr Priya



# EVENTS IN JULY, 2024

**Rotary**  
Bangalore Regional Club  
Since 1956

**1st Speaker Meet**  
Topic : Mental Wellness  
Friday, July 5th, 2024  
RMV Club, Time : 7 pm

**Our Speaker**

**SUPARNA GHOSAL**  
Happiness Coach  
& Certified Motivational Speaker

Fellowship : 07:00 pm - 07:30 pm  
Announcements : 07:30 pm - 07:45 pm  
Talk By the Speaker : 07:45 pm - 08:30 pm

Rtn. Deepa Sashidran  
President 2024-25

Rtn. Sander Prakash  
Secretary 2024-25

Rtn. Lakshmi Deepprakash  
Dir.-Club Service

**ರಕ್ತದಾನ ಶಿಬಿರ**  
**Blood Donation Camp**  
in association with RMV Welfare Society  
And  
Sri Madhusudan Sai Institute of Medical Sciences

**ರಕ್ತದಾನ**  
**ಜೀವದಾನ**  
**ರಕ್ತದಾನ ಮಾಡಿ**  
**ಶಿ ಜೀವ ಉಳಿಸಿ**

**Saturday July 13th, 2024**  
**Time 9.00 AM - 1.00PM**  
**Location : RMV Club**

Rtn. Deepa Sashidran  
President 2024-25

Rtn. Sander Prakash  
Secretary 2024-25

Rtn. Pallavi Vaidanuri  
Dir.-Community Service

**Rotary**  
Bangalore Regional Club  
Since 1956

**President & Members of**  
**Rotary Bangalore Rajmahal Vilas**  
Cordially invite you and your family to the  
**29th Installation Nite**

**Our Chief Guest & Installing Officer**  
Rtn. Mahadev Prasad NS  
District Governor, RID 3192

**Guest of Honour**  
Rtn. Natraj B.M  
Zone Governor, RID 3192

Rtn. Dr. Srikanth A V S  
Assistant Governor, RID 3192

**Thursday, 18th July, 2024**  
RMV Club,  
15th Cross Rd, HG Colony, Dollars  
Colony, R.M.V. 2nd Stage, Bengaluru

**06.30 pm onwards**

**Programme**  
Fellowship : 06.30pm  
Installation : 07.00pm  
Music, Cocktails & Dinner : 08.30pm Onwards

Rtn. Prajith Datta  
President 2023-24

Rtn. Deepa Sashidran  
President 2024-25

Rtn. Ravi Anura  
Secretary 2023-24

Rtn. Sander Prakash  
Secretary 2024-25

**DRESS CODE : FORMALS**

## CLUB & SERVICE ACTIVITIES RY 2024-25

### 1st Speaker Meet – Rtn Suparna Ghosal, 5th July 2024

We commenced the Rotary Year 2024-25 with an inaugural speaker meeting held at the RMV Club today. The event featured our esteemed guest, Rtn. Suparna Ghosal, a renowned Happiness Coach and Certified Motivational Speaker who enlightened us with an informative talk on Mental Wellness and its importance.



### Blood Donation Camp in association with RMV Welfare Society and Sri Madhusudan Sai Institute of Medical Sciences, 13th July 2024



Our first blood donation camp, held on 13th July 2024 at RMV Club Dollars Colony in association with the RMV Welfare Society and Sri Madhusudan Sai Institute of Medical Sciences, was a remarkable success, collecting an impressive 24 units of blood. We extend our heartfelt gratitude to all participants and supporters for their incredible contributions, with a special thank you to the Innerwheel Club of Rajmahal Vilas for their valuable support and participation. Thank you all for your unwavering support.

## Rotary Samvaad Neuro Rehab Centre Inauguration, 12th Feb 2024



Inaugurated Rotary Samvaad Neuro Rehab Centre on 12th February - A Comprehensive Patient Care Physiotherapy Centre for stroke, head injury along with the following narrated **therapies** : Speech & language Therapy to improve communication, Cognitive Therapy to improve attention & memory, Counselling for patients & Families.

**Project Objectives are:** Is to restore lost strength, balance, speech or cognitive functions, Functional independence with task – specific training, prevent complications & recurrences, Improved overall quality of life and emotional well-being.

## Cycle day in association with DULT, Gov of Karnataka, 25th Feb 2024



## Wheel chair distribution to needy beneficiaries, 25th Feb 2024



## Polio Vaccination, 3rd March 2024





## Mahabharata series by Christopher C Doyle and Ashok Banker

Mahabharata series by Christopher C Doyle is his interpretation of the epic through a series of clues that are being uncovered by a group of detectives.

Mahabharata series by Ashok Banker talks about the different facets of the epic.

### *Game Corner*

#### Theme of wordsearch - Mahabharata

D	P	A	N	D	A	V	A	S	K
R								U	A
I				K	P	A	N	D	U
T				U					R
H	M	A	D	R	I				A
A				U					V
R				K					A
A				S					S
S				H					G
H				E					A
T				T					N
R				H					D
A		K	A	R	N	A			H
				A					A
D	E	V	A	V	R	A	T	A	R
									I

**Rules of the game: find the following words vertically, horizontally, or diagonally.**

#### **Words to find:**

- 1. Pandavas**
- 2. Kauravas**
- 3. Dhritarashtra**
- 4. Pandu**
- 5. Kunti**
- 6. Madri**
- 7. Devavrata**
- 8. Karna**
- 9. Kurukshetra**
- 10. Gandhari**

# Awards/Achievements/Accolades



**Second Best Club - Medium Category,  
RI District 3192,  
Rotary Year 2023-24.**



**First Best in community Service -Zone 3  
RI District 3192,  
Rotary Year 2023-24.**



**Rtn Kirti Mehta-Counsellor - Corporate Social Responsibility**



**Champion Rotarian of the year -  
Rtn Rajaram Krishnamurthy,  
RI District 3192,  
Rotary year 2023-24.**



**Best Director Award - Club Service -  
Rtn Rajaram Krishnamurthy,  
RI District 3192,  
Rotary Year - 2023-24.**



**Chairperson Club Service -  
Rtn Nirmala Amarnath,  
RI District 3192,  
Rotary Year 2023-24.**



# Birthdays & Wedding Anniversaries in July

*We would like to wish all the members who have had their birthdays and wedding anniversaries in July, a wonderful and special day.*

- 1st - Rtn E. Suhail Ahmed & Arshi's Anniversary
- 3rd - Rtn Deepa Sashindran's Birthday
- 6th - Rtn Deepa Sashindran & Sashindran's Anniversary
- 7th - Rtn Prof. Eswaran Kalpathy's Birthday
- 8th - Rtn T Sarangan V & Indira Sarangan's Anniversary
- 6th - Rtn Nalini Shetty's
- 21st - Rtn Radhika Poovayya's Birthday
- 25th - Rtn Deepak M Galagali's Birthday
- 29th - Rtn Col. Mallikarjun & Ann. Shaila Mallikarjun's Anniversary

## Editor's Note

**Dear Esteemed Rotarians,**

I am indeed elated to be a part of this esteemed club which is so active in all its projects and programs. I would like to thank our esteemed president for this amazing opportunity to service as the bulletin editor for this Rotary Year 2024-25.

**Thank you**

**Rtn Shruti Jayasimha,  
Bulletin Editor  
Rotary Bangalore Rajmahal Vilas**