# **HARMONY**

Rotary Bangalore Rajmahal Vilas Bulletin • Club No. 31297 • RI District 3190

Vol 26 - Issue 3 30th September 2021



#### President's Message

#### Greetings,

Rotary Bangalore Rajmahal Vilas has been at the forefront of combating Covid-19 - be it in the form of distribution of groceries to the underprivileged or the support provided to the Urban Primary Health Center. Members of our club have been an example of what it means to do *Service Above Self*. They have been adding value to the efforts of the BBMP by providing a seamless experience to the vaccination drive with special care for the physically challenged and the elderly. We were able to support the vaccination of 9,708 people in the month of September.

As we were closely interacting with the Government of Karnataka to provide support for the war against Covid, an idea was developed along with the Medical Officer of East Zone BBMP (Hebbal) to provide last mile delivery of vaccines to areas not catered by the PHC. This led to the conceptualisation of the project E-Sanjeevini, a first of its kind in the country. The project involves facilitating the mobility of health care workers using environment friendly e-scooters.

Two e-scooters were procured at a cost of 1.3 lakhs and donated to the Sanjaynagar UPHC in the presence of the Commissioner of BBMP Shri Gaurav Gupta and MLA Hebbal Shri Byrathi Suresh. We are hoping that we will be able to generate more funds in the future to support more PHC's as this is the need of the hour. My gratitude to all the members who supported the project through their generous donations with a special mention to Rtn. Sundar Prakash who led from the front.

Rtn. Shankar Subramanian President 2021-22



# Events in September, 2021







## **ALL ABOUT A MAN'S BEST FRIEND**





Rotary Bangalore Centennial Rotary Bengaluru Harmony Rotary Bangalore Orion Gateway Rotary Bengaluru Palmville Rotary Bengaluru Platinum City Rotary Bangalore Rajmahal Vilas



**Amrut S. Hiranya** 

#### 17th September, 2021

Login at 7:15 pm Meeting: 7:30 -8:30 pm

Zoom Meeting Id: 867 2405 3214





**CHANGE LIVES** 



#### A WORLD OF START-UPs:

From behind the grand stage





**Mr. Narayanan (Nari)** Founder of Vishwaksena Consulting LLP

#### Friday, 3rd September, 2021

Login at 7:15pm Meeting 7:30-8:30 **Zoom Meeting Id:** 812 1856 6208 **Passcode**: 3921

Rtn. Shankar Subramanian President

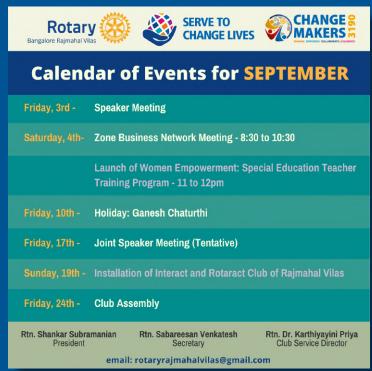
Rtn. Sabareesan Venkatesh Secretary

Rtn. Dr. Karthiyayini Priya Club Service Director

email: rotaryrajmahalvilas@gmail.com

## **MONTHLY CALENDAR**





## Events in September, 2021









### **CLUB ACTIVITIES**

#### A World of Start Ups by Mr. Narayanan | 3rd September, 2021

Mr. Narayanan (Nari) talked to us on 'A view of world of start-ups from behind the grand stage'

Mr. Narayanan works with some of the most accomplished VC / PE firms and talked about his experiences, insights and takeaways from working with the Industry best.





#### Business Development Meet Zone E | 4th September, 2021

Members took part in the Business Development Meet Zone E held on 4th September, 2021 where business pitches were made by interested members. A session exclusively for referrals and business exchanges took place.



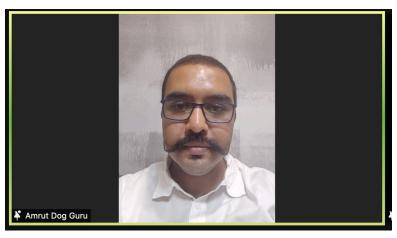


#### All About Man's Best Friend by Amrut S. Hiranya | 17th September, 2021

We had a joint speaker meeting with 5 other clubs on Friday, 17th September - Rotary Bangalore Centennial, Rotary Bengaluru Harmony, Rotary Bangalore Orion Gateway, Rotary Bengaluru Platinum City, Rotary Bengaluru Palmville and Rotary Bangalore Rajmahal Vilas.

Amrut S. Hiranya, who is commonly known as Dog Guru and is India's only dog Behaviourist from United, New Zealand and an advisor to the state police, RPF and CRPF dog squads, talked about Man's best friend and covered the topics of choosing a pup, training of adult dogs, trained dogs to help the physically disabled and career-oriented option for youngsters.

## **Weekly Meetings**





#### Installation of Rotaractors and Interactors | 19th September, 2021

The installation of the newly chartered Interact club of Rajmahal Vilas took place along with the Installation ceremony of the Rotaract Club of Rajmahal Vilas at the Daffodils school.

#### Interact club of Rajmahal Vilas

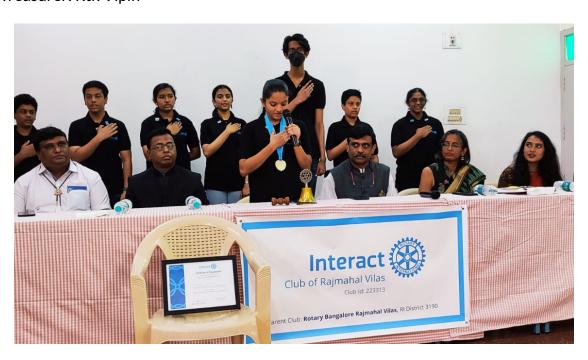
President: Itr. Deepti Padmanabha

Secretary: Itr. Sanjukta Nair Treasurer: Itr. Vibha Sabareesan

#### **Rotaract Club of Rajmahal Vilas**

President: Rtr. Yeshwanth Gowda

Secretary: Rtr. Sharan Treasurer: Rtr. Rashi Joint Treasurer: Rtr. Vipin



### **Weekly Meetings**

#### ICGF - Youth service | 26th September, 2021

Many of our member Rotarians, Rotaractors and one Interactor participated in the Youth Service ICGF held at Golden Palms Resort. IPP of Rotaract Rajmahal Vilas, Rtn-Rtr. Askhatha Sukumar took the stage as emcee. Rotaract Presidency and Rotaract RIMS were the main partner clubs for the event. They were recognized and presented with a memento for the same. Rotaract Presidency had the highest number of registrations with 45 members participating.

Nivedha RM, co-founder of TrashCon, a start-up that has won many awards for their innovation, TrashBot, a machine that semi-automatically segregates waste, was felicitated as Youth Icon. Guru Bhat, VP, Customer Success, Paypal, was the keynote speaker and gave an inspiring talk on thinking out of the box for technology solutions.

After the formal sessions, both the young and old let down their hair in fun games and activities such as JAM, One minute to Fame, tug of war etc.







## **ONGOING!**

To participate, click on the link: https://ifrp.ypsbengaluru.com/

#### DULT - Survey of the area | 1st September 2021

A few of our club members went with members of the DULT-SuMA project to help identify places in ward 18 & 19 areas to execute projects that would enable and encourage more sustainable mobility by walking, cycling and public transport.

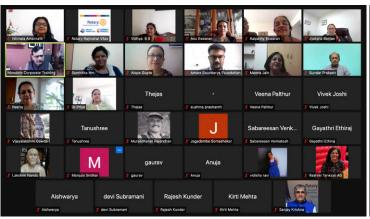
Those who are interested to contribute a bit of their time for the project, may contact IPP Rtn. Bharath Asuri.





#### Women Empowerment Project: Teacher Training Program for differently abled | 4th September

Rotary Bangalore Rajmahal Vilas tied up with Amara Soundarya Foundation, a school that has been working with special needs children for 16 years, committed to increase the quality of special education from all paradigms. The main challenge in this field is a lack of good quality special educators. Realising the drought of resources in this regard, the club supported their ongoing program to train trainer sand are taking in a total of 10 women in this batch, 5 of whom are from underprivileged & economically weaker backgrounds.





#### Inauguration of Pilot project - E-Sanjeevini | 13th September, 2021

Rotary Bangalore Rajmahal Vilas, RID 3190, initiated the E-Sanjeevini project on the 13th of September, 2021. It is an innovative project for environmentally friendly mobile medical services in association with the Bruhat Bengaluru Mahanagara Palike (BBMP), Karnataka.

Majority of the Indian population from low-income communities depend on Primary Healthcare Centres (PHCs) for their day- to- day health concerns. However, public health awareness and easy access to health centres are some of the key challenges towards delivering healthcare efficiently.

Keeping communities healthy is essential to reduce the risk of developing illness. As the SARS- Cov-2 virus continues to mutate, there is a risk of new variants arising and with the possibility of a third wave on the horizon, it is imperative to act with speed, and expand the capacity of PHCs.

The pandemic has also shown that many common medical issues, testing and interventions can be managed at home.

E- Sanjeevini is a first of its kind environmentally friendly mobile medical service program in Karnataka and in India, envisaged by Rotary Bangalore Rajmahal Vilas to help the PHC to extend their reach. PHC staff -ANM (Auxillary Nurse Midwife) along with ASHA (Accredited Social Health Activist) workers and paramedical staff will use the electric scooters for the following purposes:

- 1. Outreach Immunisation
- 2. Special Health Check-up Camp
- 3. Information, Education and Communication (IEC)
- 4. Nutritional Program
- 5. Anganwadi Check-up
- 6. Special Outreach
- 7. Anganwadi Immunisation
- 8. Mass meeting
- 9. Slums and BPL areas
- 9. Surveys (Field surveys)
- 10. Field collection

The e-scooters are low maintenance and do not incur any costs. The project is being piloted in the Sanjaynagar UPHC. On success, it aspires to be scaled across the other wards of the city.

The project was inaugurated at the Sanjaynagar PHC in the presence of Sri Gaurav Gupta, IAS, Chief Commissioner, BBMP; Rtn. Fazal Mahmood, District Governor, Rotary International 3190; Sri. Byrathi Suresh, MLA Hebbal constituency, Sri Manoj Jain, IAS, Special Commissioner (Projects), Sri Randeep D (IAS) Special Commissioner, (Health & Information Technology), Rtn. Shankar Subramanian, President, Rotary Rajmahal Vilas, Rtn. Sabareesan, Club Secretary and Rtn. Sanjay Krishna, Community Service Director.













#### Vaccination Mega mela | 17th September, 2021

Our Rotarians and Rotaractors took part in a massive Mega Covid-19 Vaccination program in 20 sites over 12 hours, resulting in 2100+ Vaccinations in the Ward 18 & 19 areas of Bangalore.





#### Inauguration of Govt. High school Begur, Renovation Project | 24th September 2021

As a part of the joint project with Rotary Bangalore HSR, members participated in the Inauguration of the Happy School project at Begur Government High School.

The following works were carried out at the school as of September:

- 1. 30 New MS shutters fixed
- 2. 28 No's of old shutters hinges and locks were fixed includes of removing and refixing.
- 3. For old shutters repair works was done by fixing hinges and removing of fixed shutters etc.
- 4. 960 sft (89.19 sqm) of mesh grill work was carried out for Sports Room, Computer room, Library Room and 9 class rooms
- 5. Balance qty of 2591.77 sft (240.78 sqm) enamel painting works for shutters, Mesh Grills, Rolling shutters and class room doors was carried out.
- 6. Painting and civil work completed on the 15th of September, 2021.









#### HSR Sundharavana, Afforestation project | 24th September, 2021

The HSR Sundharavana at Kommasandra village, received the continued funding from the CSR partner to carry forward and maintain the afforestation project.



#### Defeat Diabetes | 29th September, 2021

As a part of an all-India Rotary project to have 1 million people tested for diabetes by checking their blood sugar levels, Rotary Bangalore Rajmahal Vilas took part at five Public Health Centres:

- 1. Sanjaynagar PHC
- 2. Munireddy Palya PHC
- 3. Nagenhalli PHC
- 4. Cholanaykanahalli PHC
- 5. Ward 33 PHC

We helped conduct 210 tests and found many people who

could be potentially diabetic. People with above normal sugar levels were recommended for further investigation by a doctor. The Ex Corporator Anand inaugurated the camp at the Sanjaynagar PHC.



Rtn. Dr. Belagavi also advised people who had above normal readings. Rtn Anupama was present at the JC Nagar police station and did around 60 tests with the support by the PHC.









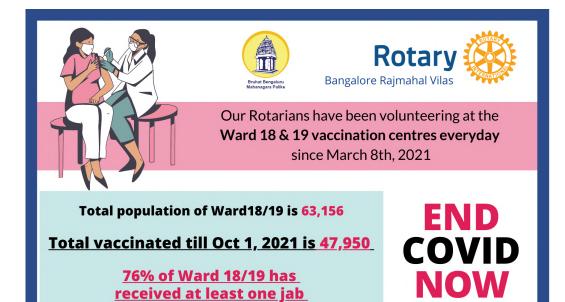






#### Volunteering at the PHC for Covid-19 Vaccination drive | September, 2021

As a continued effort, three of our Rotarians have been at the Vaccination Centres everyday with additional Rotarians helping regularly at the Sanjaynagar Urban Primary Health Centre, facilitating crowds and the public to get vaccinated.



**Total vaccination in Sept 2021 is 9,708** 

#everydayprojectday

#### **HARMONY SHOWCASE**

#### My Friend - Sirish CV - by Rtn. Surendraa Singhvii

In school I knew this chubby little guy named Sirish Was very studious & a wee bit squeamish Topped the ranks for eight years in classes Made my Dad angry and my back with lashes I tried my best but I was no match Towards girls my gaze shifted but there was no catch His shishya to become I cajoled & did flatter But he ignored me like a neutron in a matter. In our class reunion wanted his presence very bad. To show my achievements & see if he feels sad. Till now lies my frustration, because of his absence Planning a reunion in his house to assure his presence.

(Mr. Sirish CV is from IIT Kharagpur & MBA (IIMB) & now the Head of Management Studies in Christ University Bangalore).

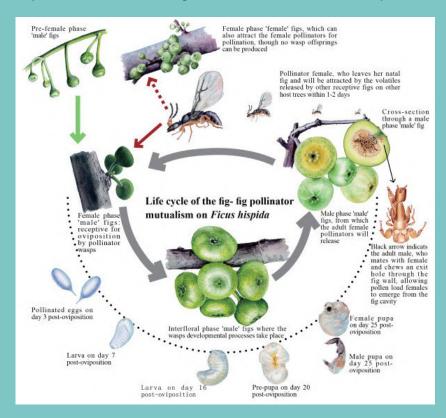
My experience at The NTP (Naturalist Training Program) by Itr. Ayman Ahmed (Member of Interact Club of Rajmahal Vilas and Rotary Fellowship of Wildlifers for Conservation)

The NTP was what I thought was going to be a nice weekend getaway from our fast-paced urban lives, but under the guidance of Mr. Karthikeyan. S (The chief naturalist of Jungle Lodges) it turned out to be wonderful three days full of practical learning and new perspectives on wildlife and ecology all around us.

The NTP was conducted in the jungle lodges resort in Bannerghatta National Park on the outskirts of Bangalore. I learnt new ways of birdwatching which I never thought was possible since I have dwelled on the subject in the past. It was like we were transported back to kindergarten. We had a book and a pencil

in the field, nothing else. Our task was to observe the birds keenly, make note of their behaviour and sketch how they looked in our books. This demanded our complete attention and gave us the opportunity to be a part of their lives.

We understood the importance of every living organism including plants, birds and insects on a deeper level, I remember explicitly about a story of the symbiosis between fig trees and fig wasps. The trees communicate between each other deciding when to fruit to facilitate their germination through the fig wasps that have very short-lived lifespans. The females chew their way into the core of the fig losing their wings on the way in. They pollinate the flowers enclosed in the fruit and lay their eggs, perishing there.



#### **HARMONY SHOWCASE**

The males hatch first and fertilise the females before they have even hatched and chew their way out of the fig which is going to be the escape way for the females that hatch at a later date, the cycle continues

and the figs continue to reproduce, while making sure the wasps can live their lives and reproduce. It is amazing to know that all the fig trees do not fruit at the same time, thus creating a continuous cycle of flowering and pollination by fig wasps. Effectively if the fig trees go then the wasps will go too and vice versa.

We also had wonderful, meaningful interactions with the 17 other participants there which was an added bonus. I really loved the experience and would recommend others to take up the journey of learning more about nature.



#### Artist's corner



"Leave the road, take the rails"

Photograph by Rtn. Rtr. Lakshmi Narasimhan T. V. (alias Ashwin Iyer)

## **Birthdays in September**

We would like to wish all the members who have their birthdays and wedding anniversaries in September, a wonderful and special day.

3rd - Rtn. Sathish Kumar's Birthday

10th - Rtn. Sathish Kumar and Preetha's Wedding Anniversary

15th - Rtn. Bharath Asuri's Birthday

Rtn. Muralidharan & Kalpana's Wedding Anniversary

Rtn. Unnikrishna Pillai's Wedding Anniversary

20th- Rtn. Tanya Raj's Birthday

**23rd** - Rtn. Pranjit Dutta's Wedding Anniversary

Rtn. E-Suhail Ahmed's birthday

#### **Editor's Note**

It has been an action packed first quarter for our club with many meaningful projects and activities. We have endeavoured to cover all the activities every month in our bulletin including some activities of our Rotaract and Interact clubs. We look forward to more and better engagement through contributions of writings, art and poetry from our members.

Yours in Rotary,

Rtn. Deepa Padmanaban Bulletin Editor

