

# HARMONY

Rotary Rajmahal Vilas Bulletin •  
Club No. 31297 • RI District 3190

Vol 25 - Issue 2  
31th July 2020



## Presidents note

Dear fellow members of Rotary Rajmahal Vilas,

We are pleased to release the first monthly bulletin of RI year 2020-21.

We got off to a great start after two successful training programs in June, one in-house, with Club Past Presidents and one conducted from District 3190 exclusively for the club, well organized by our PP Rtn. Rajaram Krishnamurthy. Our Installation went off without a hitch, and we added three new members, Rtns. Pushpalatha, V. G. Sreedhar, and Col. Haridas Bhaskaran, whom I heartily welcome to our club.

I was happy to note that our Installation was termed as one of the best in the District by district officials.

Our Team and committees were formed well in advance and have already started work. Under the planned service projects, going forward, we plan to support the district with their COVID-19 hospital, Kamadhenu project (donation of a HF cow) and Tree plantations. Other projects in the pipeline are the educational tablets for government high school children, and COVID equipment. The Lake project continues to be a major signature project which will spread out over a few years. We have also started a service cum public image project by teaming up with BBMP ward 18/19 for Covid control centre.

We now have a mobile number for the club, 6364364141, which will be currently carried by our Public Image Director Rajaram. This number will also feature on our website which will be updated and used for social media as well.

Fundraising is a critical factor and I appeal to our members to actively pursue it immediately, so that we can boldly put our plans into action.

Our members are now also participating in the District more than ever before, PP Rtn. Mahadev Dambal is now an Assitant Governor this year, PP Rtn. Rajaram Krishnamurthy is the District Director for TRF, and IPP Rtn. Sanjay Krishna as Chair for the Fellowship Committee.

Wishing you all the very best. Stay safe and take care. God bless

- Rtn. Bharath Asuri  
President 2020-21

# Zoom Meetings in July 2020

**SPEAKER MEET**

## Ways for better Immunity



**Rotary**  
Bangalore Rajmahal Vilas

Rotary Opens Opportunities  
SKY ROCKERS

**Yoga therapy** can treat and regulate various ailments. Yoga therapy sessions can be attuned to alleviate stress, tension and many chronic diseases and disorders.

Talk by  
**MS. PĀPORI SHARMA**  
Yoga Therapist

7:20 - Login & Fellowship  
7:30-8:30 pm Meeting

**July 3rd, 2020**  
Zoom App

Rtn. Bharath Asuri  
President


Rtn. Rajagopal Hegde  
Secretary

Rtn. Sarangan  
Treasurer

Rtn. Pranjit Dutta  
Club Service

**WEEKLY MEET**

## Get to Know Your Newer Fellow Rotarians



**Rotary**  
Bangalore Rajmahal Vilas

Rotary Opens Opportunities  
SKY ROCKERS

**Get to know your newer fellow Rotarians who have joined in the last year, where they will introduce themselves to the club.**

7:30-8:30 pm Meeting  
**July 10th, 2020**  
Zoom App

Rtn. Bharath Asuri  
President

Rtn. Rajagopal Hegde  
Secretary


Rtn. Sarangan  
Treasurer

Rtn. Pranjit Dutta  
Club Service

**FELLOWSHIP MEET**

## Musical Night

Join us this Friday for a melodious night with Vocalist Govind Kurnool, a Playback singer and practising Hindustani Classical Vocalist, who will be performing Hindi and Kannada songs, exclusively for us.



**Govind Kurnool**  
A child prodigy vocalist

7:00-7:15 pm Login  
7:15-7:30 pm Club announcements  
7:30-8:30 pm Live Music

**Friday, July 24th, 2020**  
Zoom App

Meeting ID: 873 2719 6472  
Password: 966300

Rtn. Bharath Asuri  
President


Rtn. Rajagopal Hegde  
Secretary

Rtn. Sarangan  
Treasurer

Rtn. Pranjit Dutta  
Club Service

**SPEAKER MEETING**

## COVID Protocols




**Dr. Prasanna Venkatesh M.K.**, Managing Director and Sr. Consultant Urologist of NU Hospitals, will give a talk on the protocols to be taken to prevent COVID, and if tested positive, along with the procedures to be followed for admission in a Government or Private hospital.

The talk will be followed by a Q&A session.

7:15-7:30 pm Club Meeting  
7:30-8:15 pm Talk and Q&A

**Friday, July 31st, 2020**  
Zoom App

Meeting ID: 871 8739 2963  
Passcode: 537375



Rtn. Bharath Asuri  
President

Rtn. Rajagopal Hegde  
Secretary

Rtn. Sarangan  
Treasurer

Rtn. Pranjit Dutta  
Club Service

**Rotary**  
Bangalore Rajmahal Vilas

Rotary Opens Opportunities  
SKY ROCKERS

**ROTARY BANGALORE RAJMAHAL VILAS**  
*cordially invites you and your family to the*

## INSTALLATION CEREMONY of OFFICE BEARERS

for the 25th SILVER JUBILEE YEAR 2020-21

**On Thursday 16th July, 2020**

**INSTALLATION OFFICER**  
**Rtn. B.L. Nagendra Prasad**  
District Governor, RI District 3190

**Rtn. Shankar B.**  
Assistant Governor  
will grace the occasion

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**Rtn. Sanjay Krishna**  
President 2019-20

**Rtn. Bharath Asuri**  
President 2020-21

**Rtn. Shankar Subramanian**  
Secretary 2019-20

**Rtn. Rajagopal Hegde**  
Secretary 2020-21

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**On the Zoom app**  
Meeting ID: 853 8068 5782  
Password: 998952

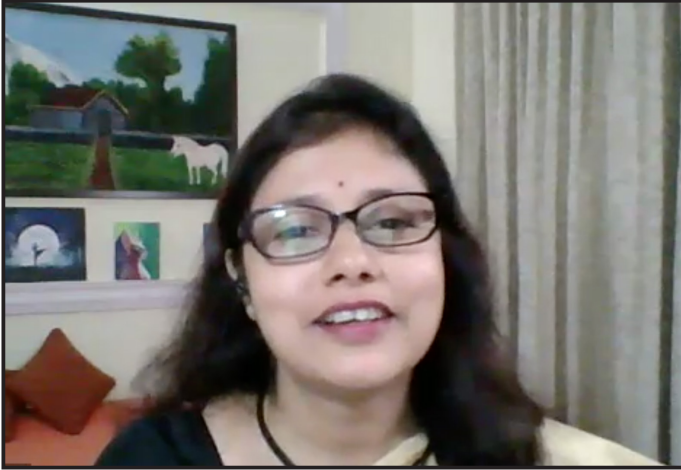
**Program:**  
Login at 6:50pm  
Meeting 7:00-8:30pm

**Dress Code: Formal**

## Ways for better Immunity

3rd July, 2020

Yoga is a wonderful holistic practice for both body and mind. Our first meet of the year was on July 3rd, where we had a talk by Ms. Papori Sharma who spoke about Yoga therapy and how this ancient practice can help alleviate stress, and also treat many chronic disorders and lifestyle diseases with very practical exercises that everyone can do on a regular basis.



## Know your fellow New Rotarians

10th July, 2020

On July 10th, we got to know fellow Rotarians who joined our club in the last year, more personally. Rtn. Dr. Vasudev Srinivas, Rtn. Mohan Rao, Rtn. Dr. Belagavi, Rtn. Anil Sharma, Rtn. Girish Babu, Rtn. Muralidharan, Rtn. Dr. Priya, Rtn. Rajesh Ghasi, and Rtn. Ravi Ganapathy spoke about their work experiences, achievements and hobbies. Hailing from diverse backgrounds, they are sure to enrich and add value to our growing club.





On 16th July, the Installation ceremony of the incoming team for the **silver jubilee year** was conducted virtually on Zoom. The ceremony was graced by Past presidents and Immediate Past president of various clubs, the outgoing and incoming Assistant Governors and District Governors. Members of our club, with their families participated in large numbers. After a dazzling welcome by IPP Dazzler President Sanjay Krishna, outgoing Secretary Rtn. Shankar Subramanian presented a comprehensive report on the projects conducted by the club during the year 2019-20 including the recent Covid relief work undertaken by the club.

Rtn Rajesh Ghasi then introduced incoming Skyrocketer president Rtn. Bharath Asuri followed by an introduction of our DG Rtn. B.L. Nagendra Prasad, who was introduced by Rtn. Mahadev Dambal. After the President was pinned, Rtn. Asuri gave his acceptance speech highlighting his vision, the plans and projects for the year which was followed by the installation of the Office Bearers.

The following members were **installed as Office Bearers for the Rotary Year 2020-21 by District Governor Rtn. B.L. Nagendra Prasad :**

Club President - Rtn. Bharath Asuri  
Immediate Past President - Rtn. Sanjay Krishna  
President Elect - Rtn. Shankar Subramanian  
Secretary - Rtn. Rajagopal Hedge  
Treasurer - Rtn. Sarangan  
Vice President - Rtn. Vinod Singh  
Jt. Secretary - Rtn. Deepa Sashindran  
Sergeant-at-arms - Rtn. Rajesh Ghashi  
Club Mentor - Rtn. Kirti Mehta



## **DIRECTORS**

Director, Club Service - Rtn. Pranjit Dutta  
Director, Vocational Service - Rtn. Chhaya Navandar  
Director, Community Service - Rtn. Ravi Arora  
Director, International Service - Rtn. S. Shanmugam  
Director, Youth Service - Rtn. Rajesh Kunder  
Director, Membership Development - Rtn. Surendra Singhvi  
Director, The Rotary Foundation & CSR - Rtn. Kirti Mehta  
Director, TEACH - Rtn. Mahadev Dambal  
Director, District Coordinator & Public Image - Rtn. Rajaram Krishnamurthy  
Director, Fundraising - Rtn. Sabareesan Venkatesh  
Director, Additional - Rtn. Usha Medina  
Director, Additional - Rtn. Sundar Prakash

## **CHAIRS**

Chair, WINS - Rtn. Lakshmi Dev Prakash  
Chair, Pulse Polio & CoVID Programs - Rtn. Sathish Kumar  
Chair, Event Management - Rtn. Rajesh Ghashi

Chair, Trust & Board Coordination - Rtn. Sanjay Krishna  
Chair, Lake Rejuvenation Project - Rtn. Sanjay Krishna  
Chair, Shruti Samvaad Project - Rtn. Radhika Poovayya

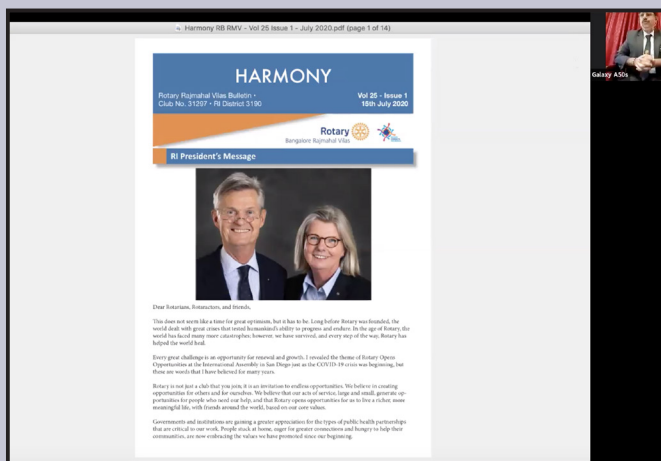
Bulletin Editor - Rtn. Deepa Padmanaban

We wish all the new office bearers the very best for the year, in their avenues of service.

The installation was followed by the induction of three new members - Ms. Pushpalatha, Col. Haridas Bhaskaran and V.G. Sreedhar. Then the Club bulletin that highlighted the major projects and activities for the year 2019-20 of the club was released by AG Rtn. Shankar B.

The ceremony culminated with the DG's address. DG Rtn. B.L. Nagendra Prasad addressed the audience, on the achievements of the club, which has made a distinct mark in the district in the last two years and speaking on Rotary's contributions highlighting how Rotary rose to the occasion during the pandemic. He voiced the projects the District were looking to undertake and were well underway expressing them in line with the theme for the current year 'Rotary Opens Opportunities', and as members of Dist. 3190, he encouraged the club to reach for the sky, and iterated that the sky is the limit, for our service projects, keeping in line with the year's District theme 'Sky Rockers'.

Incoming Secretary Rtn. Rajagopal Hegde ended the ceremony with the vote of thanks.



## New members joined in July

Three new Rotarians were inducted during the ceremony, taking the total strength of our club to 67. In a welcome initiative, the new members will each be mentored by a senior Rotarian.

**Mrs. Pushpalatha G** was born in the year 1968. She is an advocate, practicing with the firm of Holla & Holla. She has done her graduation in Law and has a M. Phil leading to a PhD. She was quite active in Rotary earlier when her late husband, Sri.V. Satheesh was the member of the Rotary Club of Raichur in Dist-3160.

**Col.Haridas Bhaskaran** was born in the year 1963. He is an ex-service man and presently an entrepreneur in Distribution business. He is a Mechanical Engineer and a Lead Auditor for ISO 9001 from BIS Noida. He is married to Sujatha Haridas and is blessed with two children –a son, Vivek, who is working in a FMCG Company and a daughter- Aswathy, who is an engineering graduate preparing for GATE.

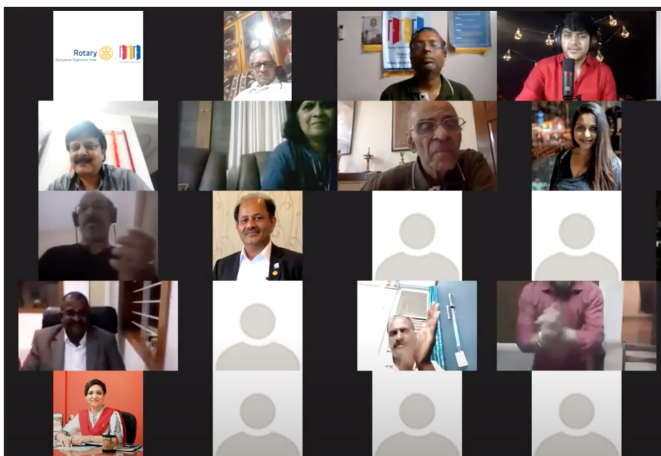
**Mr. V.G. Sriedhar** was born in the year 1971. He has a firefighting business in the name of Shree Murugan Fire Services. He holds a diploma in Mechanical Engineering and had done his firefighting and first aid Courses. He is Married to Kamakshi who is an entrepreneur herself running her own catering business. He is blessed with a son –Suryanarayanan who is in the final year of Aerospace Engineering in Jain University.



## Musical Night with Govind Kurnool

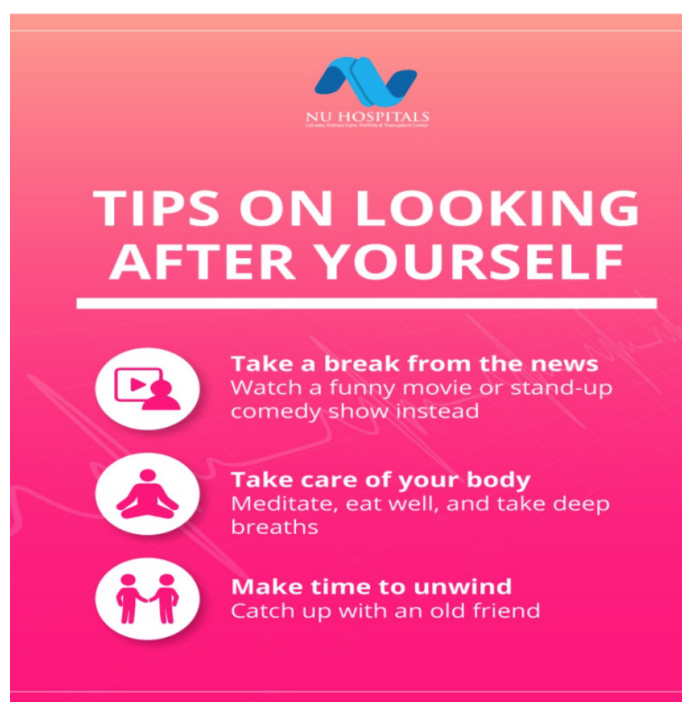
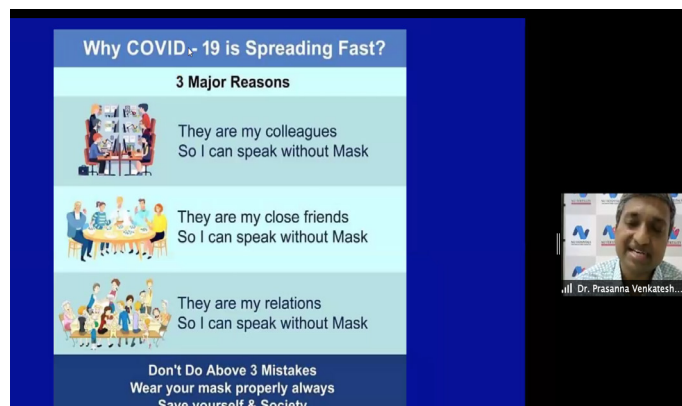
24th July, 2020

Music is food for the soul and at a time like this, when the world is battling a novel virus, there's nothing better than music to soothe our minds and souls. For our first family night get-together, the young and talented singer, Govind Kurnool regaled us with soulful melodies including Bhajans, Ghazals and movie songs.





With the help of Rtn. Sundar Prakash, we had Dr. Prasanna Venkatesh from NU Hospitals, who gave us a timely and informative talk about the current pandemic - Symptoms to look for and how they differ from the regular flu, protocols to be followed if there is suspicion of COVID-19 infection, cost of treatment, insurance schemes, and many other relevant topics were covered. This comprehensive talk on Covid protocols was well attended and appreciated by club members.



## Birthdays and Wedding Anniversaries in July

1st – Rtn. Suhail & Arshi Ahmed's anniversary  
3rd – Rtn. Deepa Sashindran's Birthday  
& Rtn. Dr. Vasudev Srinivas's Birthday  
6th – Rtn. Deepa Sashindran's anniversary  
7th – Rtn. Prof. Eswaran's birthday  
8th – Rtn. Sarangan & Indira's anniversary  
17th – Rtn. Ravi & Shikha Arora's anniversary  
18th – Rtn. V.G. Sriedhar's Birthday  
21st – Rtn. Radhika Poovaiya's birthday  
24th – Rtn. Sanjay Sethiya's birthday  
25th – Rtn. Deepak Galagali's birthday  
29th – Rtn. Sayantan Ghosh's birthday  
31st – Rtn. Akanksh's birthday

## New Fellowship Group

IPP Rtn. Sanjay Krishna, and District Fellowship Chair, has been active in creating a new worldwide fellowship group—the International Fellowship of Rotarian Wildlifers. The fellowship will bring wildlife enthusiasts together to create awareness about the importance of wildlife and wildlife conservation.



**Members are encouraged to become a part of the many Fellowship groups and Rotary Action Groups, Rotary offers based on your interest.**

<https://www.rotary.org/en/our-programs/more-fellowships>

<https://my.rotary.org/en/take-action/empower-leaders/rotary-action-groups>

## Club Contact

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**Email:** [rotaryrajmahalvilas@gmail.com](mailto:rotaryrajmahalvilas@gmail.com)

**Website:** <https://rcbangalorerajmahalvilas.rotaryindia.org/>

**Youtube:** <https://www.youtube.com/channel/UCNot7ntkLFmLapa1OBCvRGw>

## From the Editors Desk

Touch is vital for our health and wellness. A warm human touch releases the happy hormone, oxytocin and stimulates social bonding. But as we are socially distancing from our friends and extended family, avoiding touch, we look to other ways to engage and bond. What better than being a part of Rotary where not just individuals but families can bond over shared interests and a shared cause? In our silver jubilee year, here's looking forward to more bonding over projects, events and social causes.

Stay safe, stay home.

- Rtn. Deepa Padmanaban  
Bulletin Editor

**SERVICE ABOVE SELF**