

HARMONY

Rotary Rajmahal Vilas Bulletin •
Club No. 31297 • RI District 3190

Vol 25 - Issue 10
March & April 30th, 2021



Presidents note

Dear Friends ,

We had a busy time in March and April.

In March we had some good well attended physical meetings. Also, after completing the Household Surveys for the SuMA Project, we executed the part two of the preparatory work for the project i.e., the Focus Group Discussions with different types of stake holders in the Ward 18-19 area. These physical meetings were under 6 categories and held at Shastry hall in Sanjaynagar attended by DULT officials who were very satisfied with outcome.

Club assembly was also held. Subsequently vaccination program started at Sanjaynagar PHC and our Rotarians have been volunteers there every day without fail, especially Sundar Prakash and Usha earning a huge amount of goodwill and Public Image for our club and for Rotary international. The second wave then struck and it was all back to online meetings . But our physical presence at the vaccination centre's have continued earning accolades with Rtns. Rajaram, Ravi Arora, Rajagopal Hegde, Sarangan, Chaaya, and others joining in.

God bless and take care.

- Rtn. Bharath Asuri




Joint Meeting

6th March, 2021

We had a joint meeting with Rotary Centennial and Rotary Sadashivanagar. PDG Rtn Rajendra Rai spoke about new avenues in membership at this joint meeting held at RMV club.



Events in March 2021






Rotary
 Bangalore Centennial District 3190

Joint meeting with

Rotary Bangalore Rajmahal Vilas
Rotary Bangalore Sadashivanagar

Joint Speaker Meeting on 06.03.2021, 7.00pm onwards
Topic: "New avenues in membership"



Special Guest Speaker
 Rtn. PDG Rajendra Rai

Venue: RMV Club, Dollars Colony,
 R.M.V. 2nd Stage, Bengaluru




ROTARY VANA BHOOMI POOJA

In the presence of **Shri S R Vishwanath** Hon MLA and Chairman of BDA,
Mr K Veeranna President, Ambika Rajendrakumar Vice President of
 Rajanukunte Grama Panchayat,
 Members of Bangalore Urban Zilla Panchayat,
 Members of Bangalore North Taluk Panchayat,
 Members, PDO, Community Volunteers and villagers of Rajanukunte
 Grama Panchayat And Rotarians

Date : 15-03-2021 Monday
 Time : 9 AM

Place : Near Rajankunte Govt High School



Rotary's "Supporting the Environment" Initiative
Plant Trees and Save Environment





Rotary
 Bangalore Rajmahal Vilas

THE DIRECTORATE OF URBAN LAND TRANSPORT, GOV. OF KARNATAKA
 WITH ROTARY BANGALORE RAJMAHAL VILAS
 INVITE YOU TO

DISCUSS MOBILITY CONCERNS IN YOUR AREA




Focus Areas: Walking, Public Transport & Cycling
IN A FOCUS GROUP DISCUSSION
 FOR WARD 18 & 19 - SANJAYNAGAR & RMV AREAS



Walking, Cycling, Public Transport, E-V.

Wednesday & Thursday 17th - 18th March 2021
 Shastri Memorial Hall, Kalpana Chawla Rd,
 Sanjaynagar


To Participate and for Further details please call:
 Rajaram Krishnamurthy: 6364364141 / 9980009398
 Sundar Prakash: 98452 03097; Anita Shah: 9980023574
 Bharath Asuri: 9900003240; Shankar Subramanian: 9448478147
 or email: rotaryrajmahalvilas@gmail.com

Club Assembly

Inviting all members to attend the Club Assembly this Friday with the following agenda:

- Voting for District Governor Elect 23-24
- Updates on Club Activities
- Followed by our online Covid Warriors- Rtn. Vijay Pathi & Rtn. Muralidharan R., giving us a talk to guide us with tips on how to handle the Covid Situation.



Friday, 14th May, 2021
 7:25-7:30 pm Login
 7:30-8:30 pm Meeting

ON ZOOM
Meeting ID: 823 5785 9254
Passcode: 140521

Rtn. Bharath Asuri, Secretary
 Rtn. Rajagopal Hegde, Treasurer
 Rtn. Sarangan, Director Club Service
 Rtn. Pranjit Dutta, Director Club Service

Phone number: 6364364141 | Website: <https://rcbangalorerajmahalvilas.rotaryindia.org/>






ICGF YOUTH SERVICE

March 21, 2021
 SJCI Campus
 Chikkaballapur

SPEAKERS GAMES
FUN-FILLED EVENT FOR THE ENTIRE FAMILY

REGISTRATION
 Rotarians 850/-
 Anns 500/-
 Annets/Rotaractors 300/-

For details, contact:
 Rtn. Srinivas K R, Director - Bandhana
 Ph.: +91 9845293562;
 srinivaskr_59@yahoo.com

BANK DETAILS FOR PAYMENT
 Account Name: RI District 3190, 20-21 BANDHANA a/c
 Bank & Branch Name: Axis Bank Ltd., Rajajinagar 3rd Block
 Current Account No. 920020062067064
 IFSC: UTIB0003568

Bhoomi Puja -Rotary Park in Rajankunte

15th March, 2021

President Bharath, Rtn Sundar Prakash and others participated in the Bhoomi puja for Rotary vana project located in Rajankunte.



World Optometry Day

23rd March, 2021

Ms. Lakshmi Shinde & Mr. Milind Jhadav gave a talk on increasing Myopia, Rtn. Dr. Arun Adkoli gave a talk on Glaucoma - the silent thief of sight and Rtn. Jeetendra Aneja, DGN gave the Presidential Address - in a meeting to bring awareness on the importance of eye health and practices that we can follow for good eye health.

Uncorrected vision has a real social and economic impact.

\$272 bn Is the estimated annual cost of worldwide productivity loss due to uncorrected vision problems in adults.	90% Of decisions made behind the wheel depend on good vision.	80% Of all learning occurs through vision; children with poor vision are at a major disadvantage at school.	90% Of world's visually impaired live in low-income settings.
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ESSILOR

Why are EYE's Important

"Creating excellence in eye & vision care through optometry regulation & education"

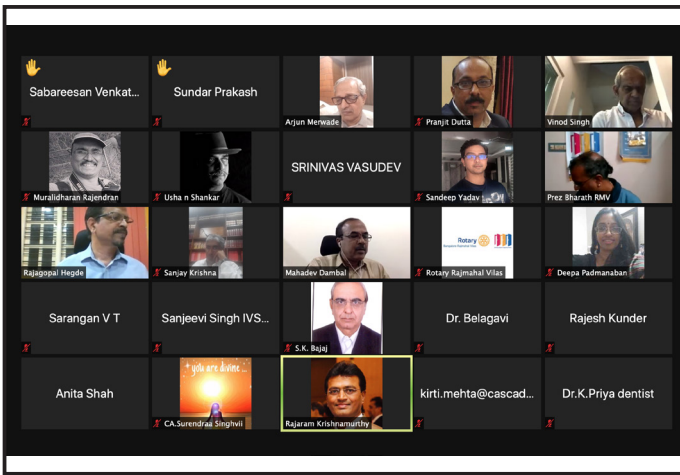
- Out of all the five sense organs, 80% of all information to the brain is received by EYE
- Eye is known as a window to the brain
- Many systemic diseases such as Diabetes and Hypertension affect the eye
- One of the structures in the body whose changes can be monitored and viewed

Club Assembly

26th March, 2021

Club assembly was held to discuss various projects and events including:

1. Re-districting of District 3190
2. Park maintenance fund-raising
3. Update on DULT and HSR projects
4. 25th Charter Day celebration details to be held on June 12th, 2021.
5. Coffee Book Details
6. Family Outing to Kabini in May



Youth ICGF 21st March, 2021

ICGF Youth service, Taarunya, was conducted at SJC Institute of Technology, Chikkaballapur. The chief guest, Mary Kom, addressed the audience from her home via a zoom call. Several of our Rotaractors along with IPP Rtn Sanjay Krishna and Rtn. Deepa Padmanaban attended the event.

SERVICE ACTIVITIES

Vaccination Drive 8th March, 2021

Rtns. Usha, Sundar, Shankar, Deepa Padmanaban, Bharath, Chhaya, Sanjay, Ann. Ashwini, Sarangan, Vinod Singh, Ravi Arora, Rtn Rajagopal Hegde and his daughter volunteered through most of March at the Sanjaynagar PHC in the COVID vaccination drive helping senior citizens. A line separator was donated by Rtns. Usha Medina and Sundar Prakash to help maintain safety norms at the centre. Rtn Usha also organised a wheelchair for senior citizens. On an average 100 citizens were vaccinated on a daily basis.



DULT - SuMa project survey

March 1st - 15th, 2021

As a part of the DULT - SuMA project (Sustainable Mobility accords Project) awarded to our clubs, the precursor to the project was to conduct Household Surveys in our areas of Ward 18 & 19. These surveys were the main focus of the month - where organising, collating and delegating to complete the target of 300 surveys - where we exceeded to 355 surveys. These surveys as well as the FGDs are to help structure the projects aimed in bettering the public areas and transport in this community.

SuMA Focus Group Discussions

March 17th - 15th, 2021

Focus Group Discussions were held for 6 categories - Sr. Citizens, Women, Children, differently abled, People who come to ward 18 & 19 from other areas in Bangalore and the BPL categories. It was a fruitful and engaging two days where DULT-SuMA members along with Rotarians from the club helped conduct these workshops.





Events in April 2021

THREE LIFE TOOLS

Rotary Bangalore Rajmahal Vilas

1. What self care practices one can do
2. What you need to let go to be happier
3. What makes your heart sing.



Mr. Mukesh Sharma
Co-founder of 3C Coaching & Consulting

Friday, 9th April, 2021
7:20-7:30 pm Login
7:30-8:30 pm Meeting

ON ZOOM
Meeting ID: 889 3727 7130
Passcode: 90421

Rtn. Bharath Asuri
President

Rtn. Rajagopal Hegde
Secretary

Rtn. Sarangan
Treasurer

Rtn. Pranjit Dutta
Director Club Service

Phone number: 6364364141 | Website: <https://rcbangaloreajmahalvilas.rotaryindia.org/>

Storytelling through Photographs

Rotary Bangalore Rajmahal Vilas

A Talk on Travel Photography



By PE Rtn. Shankar Subramanian

Friday, 16th April, 2021
7:20-7:30 pm Login
7:30-8:30 pm Meeting

ON ZOOM
Meeting ID: 824 6421 2879
Passcode: 160421

Rtn. Bharath Asuri
President

Rtn. Rajagopal Hegde
Secretary

Rtn. Sarangan
Treasurer

Rtn. Pranjit Dutta
Director Club Service

Phone number: 6364364141 | Website: <https://rcbangaloreajmahalvilas.rotaryindia.org/>

Heroes Wear Masks- BE A HERO



Put on a mask and save Lives.

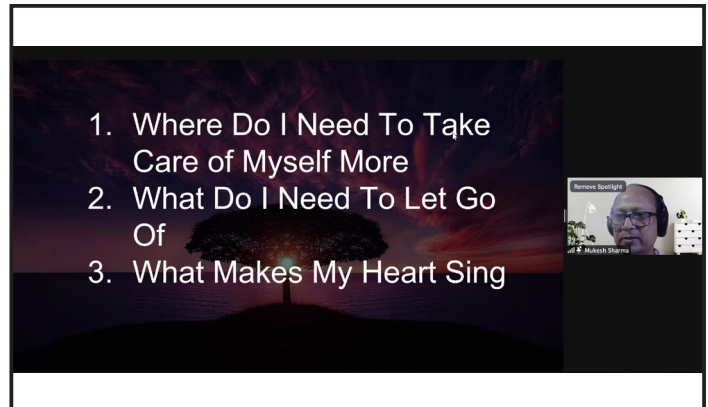
Rotary
Bangalore Rajmahal Vilas



Three Life Tools

April 9th, 2021

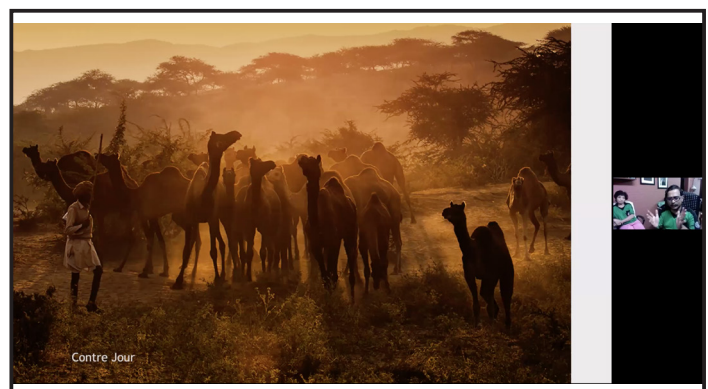
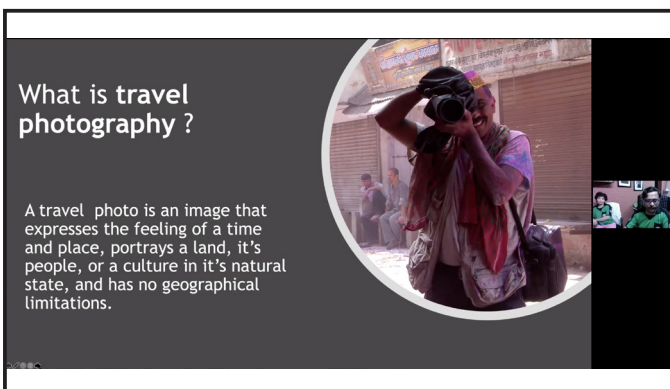
Three Life tools by Mr. Mukesh Sharma, the co-founder of 3C Coaching and Consulting. Mr. Kumar talked about the self-care practices such as what one needs to let go of to be happier, and to pay attention to what makes your heart sing.



Storytelling through Photographs

April 16th, 2021

PE Rtn. Shankar, an international award-winning photographer regaled us with his beautiful photographs from his travels and gave a wonderful talk on how to 'see' photographs from different aspects of travelling to tell better stories. He also educated us on the different categories of Travel photography such as daily life, portraits, landscapes, environment, festivals, etc. The talk was widely attended by Rotarians from other clubs as well as Friends of Rotary.



SERVICE ACTIVITIES

Covid Relief Work

April, 2021

Our club members continued to help with the vaccination drive at the Sanjaynagar PHC, led by Rtn. Sunder Prakash and Usha Medina, who have been managing the drive with great commitment.

PE Rtn. Shankar started a fundraising drive to support Covid care centers and PHCs treating Covid patients. Several Rotarians from our club and other clubs, and friends of Rotary have contributed generously to this. Rtn Sunder Prakash, Usha Medina & Shankar, Anita Shah contributed to the purchase of oxygenator (RID 3190 project).

Rtn. Vijay Pathi and Muralidharan started a support group with volunteers to help patients find beds in hospitals, a very challenging task as covid cases rose exponentially. They have been doing a stellar job.

Dr. Belagavi has been graciously attending calls from Covid patients and consulting them on-line patiently and empathetically.



Birthdays & Wedding Anniversaries in March & April

We wish and hope all the Rotarians who had Birthdays and Wedding Anniversaries in the month of March & April had a special day.

11th - Rtn. Harikrishna & Pallavi's Wedding Anniversary
15th - Rtn.Rtr.Bharath Suresh's Birthday (Dual member)
19th - Rtn. Ravi Arora's Birthday
20th - Rtn. Chhaya Navandar's Birthday
28th- Rtn. Rajaram Krishnamurthy's Birthday

4th - Rtn. V.G. Sriedhar & Kamakshi's Wedding Anniversary
14th - Rtn. C. A. Anzar & Joie's Wedding Anniversary
24th - Rtn. Kirti Mehta's Birthday
29th - Rtn. Chhaya & Suresh Navandar's Wedding Anniversary
29th - Rtn. Mohan & Sri Latha Rao's Wedding Anniversary

From the Editors Desk

A historic Covid-19 vaccination drive started all over the country and it is heartening to see several of our members volunteering to ensure that the drive is conducted in a smooth and safe way. At the same time, a second wave has started, so request all members to participate in events and projects with utmost care.

Stay safe and healthy.

- Rtn. Deepa Padmanaban
Bulletin Editor