HARMONY

Rotary Bangalore Rajmahal Vilas Bulletin • Club No. 31297 • RI District 3190

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President's Message

Greetings

I am happy to share that I have been awarded the Outstanding President for Zone E in the recent ICGF. This is not a personal glory, this award belongs to each and every member of our club who has either contributed with their time, talent or treasure.

Rotary is a great platform for building friendships and giving back to the community. Each life we touch whether it is a kid who has received spectacles after eye screening, and can see what is written on the board clearly, or the homeless person who received a blanket has blessed us for the good work.

We as Rotarians have the capability to do more good in the world and we need to dream big and achieve loftier goals. And this we cannot do without increasing membership. I request each one of our Rotarians to make an effort to scout within their circles for potential Rotarians who can make a difference to Society and enjoy the fellowship of like-minded people. Each one Bring one.

Looking forward to more months of service, fellowship and friendship with all of you.

Yours in Rotary,

Rtn. Shankar Subramanian President 2021-22



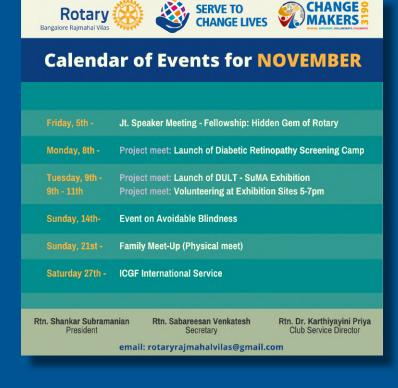
Events in November, 2021







MONTHLY CALENDAR



Events in November, 2021











Rotary Bangalore Rajmahal Vilas

cordially invites you to the

Inauguration of the Exhibition
of the Sustainable
Mobility Accords Project (SuMA)
Proposals for Ward 18 & 19

In association with **Directorate of Urban Land Transport**, **Government of Karnataka**

We will be graced by Chief Guest: **Hon. Sri. Byrathi Suresh,** MLA Hebbal Constituency

Date: Tuesday, 9th November, 2021 Time: 4:30 PM



Rtn. Shankar Subramanian Club President Rtn. Sabareesan V.
Club Secretary

Rtn. Bharath Asuri Chairperson, SuMA-DULT Project







Rotary Bangalore Rajmahal Vilas in association with Rotary Avoidable Blindness Foundation & Nethra Eye Hospital, Sanjaynagar invites you to the

Launch of the DIABETIC RETINOPATHY FREE EYE SCREENING CAMP

Date: Monday, 8th November, 2021 **Inauguration Time**: 4 PM **Venue**: Primary Health Centre, Sanjaynagar



We will be graced by Chief Guests:

Dr. M.V. Ravikumar, PhD

Dr. K.P. Manjunath, Nethra Eye Hospital **Dr. Vedhavathi B. J.**, MOH Hebbal

Dr. Usha Rani, Asst. Surgeon, Sanjaynagar UPHC

Rtn. Shankar Subramanian

Rtn. Sabareesan V.

Rtn. Sanjay Krishna
Director, Community Servic

In partnership with:



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CLUB ACTIVITIES

Fellowships: Hidden Gem of Rotary | Friday 5th November, 2021

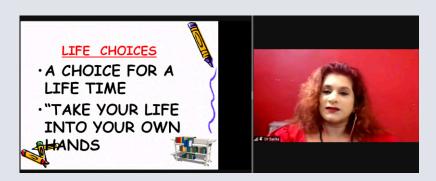
Our club joined Rotary Fellowship of Rotarian Wildlifers and Rotary Bangalore Junction for a speaker meeting by Rtn. Madhmumita Bishnu, from Rotary E-Club of Melbourne, Australia, an Rotary International Convention speaker on the same topic. She highlighted the different fellowship groups present and how they were beneficial and were indeed a hidden gem of Rotary.

To know more, one can visit this site: https://www.rotary.org/en/our-programs/more-fellowships



Brahmastra of Success | Friday 19th, November, 2021

We partnered with Rotary Bangalore Downtown for a joint meeting and 3 other clubs for the speaker session on the Brahmastra of Success by Dr. Sarita Iyer, Dean of KSM Bangalore. She gave an inspiring talk on Life choices and different life skills that can aid personal success.





Utkrishta - Vocational Service ICGF | Saturday 27th November, 2021

About 14 members of our club attended the Vocational Service ICGF. Our club helped manage the Girls on Wheels stall. The highlight of the event was the award of the best President in Zone E. for the month of September given to our President Rtn. Shankar Subramanian.





SERVICE ACTIVITIES

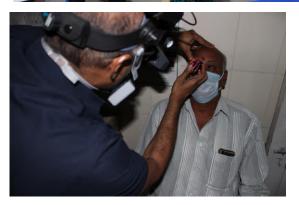
Diabetic Retinopathy Screening Camp | Monday, 8th-14th November

Our club in association with Rotary Avoidable Blindness Foundation and Nethra Eye Hospital and the BBMP, launched a Free Diabetic Retinopathy Eye Screening Camp at the Sanjaynagar UPHC. The launch of the camp was held on the 8th of Nov and continued till the 14th November which marked the World Diabetes Day. A total of 24 people were screened, and 2 people were identified in need of surgery and a

follow up.









Launch of DULT SuMA Exhibition + Volunteering | Tuesday, 9th-11th November

As the Sustainable Mobility Accords project move to the next phase of the project, in order to select the projects to be implemented, an Exhibition was held with the 7 proposals of which 3 were to be selected based on residents' feedback in the ward 18 & 19. The exhibition was graced by Hebbal MLA Sri Byrathi Suresh, DULT officials, Presidents of local RWAs, CiFoS members, interested residents and Rotary members. The Exhibition and feedback survey took place at the RMV Club, RMV boulevard park and at the Sanjaynagar PHC area.





Service Activities















Distribution of Clothes in HSR for those in need | Friday, 19th November

First lady, Rtn. Usha Medina facilitated a clothes collection drive from the RMV area, and collected atleast 4/5 car full of clothes. Along with other first ladies of other clubs, a part of the clothes were distributed to needy people in HSR layout.





Service Activities

Eye screening and Cataract Camp at Sarjapura | 21st November

The club supported this screening camp as a part of the CSR sponsored project in association with Rotary

Koramangala and Rotary Attibelle and CSR partner iValue and the camp was managed by iDrishti. 370 people were screened, 42 people were given glasses, 64 glasses were ordered, and cataract advise was given to 85 people.







MHMH & SwaRaksha at Kolar | Friday 26th, November

We were the one of the partner clubs in the MHMH & SwaRakash awareness session on Menstrual Health and Mental Health. Re-usable pads were distributed and a Workshop Session on Basic self defence training (SwaRaksha) was conducted for 200+ adolescent girls from rural areas of Government Schools and colleges, in the Kolar District.













Service Activities

Vaccination Drive support at Sanjaynagar PHC | November 2021

As most of community in ward 18 & 19 have been immunised, there is less crowd at the PHC. Hence, Rtn. Sundar Prakash volunteered at the PHC on a need basis in the month of November.



Website

Our website, <u>www.rotaryrajmahalvilas.org</u> went live this month. This was put together with the efforts of executive secretary, Rashmi Swamy and website partner, Sri Venkatesh Katta, with inputs from many senior members of the club.

The website showcases several of our signature projects, it has a copy of our coffee table book which was released during the silver jubilee year. It is a great resource for membership development, and the website will be updated monthly, based on the contract with the vendor.



HARMONY SHOWCASE - Interview

Interview with PP Rtn. Usha Medina, Rtn. Sundar Prakash and PP Rtn. Rajaram Krishnamurthy, who have been volunteering at the Sanjaynagar PHC for the vaccination drive. The interview has been edited and shortened for clarity and brevity.



What inspired you to volunteer?

Sundar: The public vaccination drive was announced for public in March 2021 for 45 + age group. There was total chaos at the PHC (Primary Health Centre), not enough manpower. Since our club has been partnering with the doctor at the PHC for the polio drive for many years, seeing the issue, PP Rtn. Bharath took it up, Usha and I stepped in, volunteering continuously till October. I have lived in this area for 30 years, filled with HAL employees, NGEF and postal employees, most are senior citizens. I have seen them around and wanted to help them, so that they can have a smooth experience.

Rajaram: When there is a severity such as a pandemic in 100 years, how prepared are we as a club? When PHC is calling, we as a volunteer organisation have to commit certain time per day. I joined a month after the vaccination drive commenced, I committed for half day every day for 4-5 months- I did not take any business calls till after 2pm. We cannot talk about the time we lost professionally. As a Rotarian, we have to be prepared to give time, serve society. Our club has certain consistency and spontaneity, we know it is like a war like situation, that needs our time and commitment. I had not gone so deep and so long for any project. It was a great experience...

Usha: I got involved because in the pandemic so many people lost lives, there was a lot of agony about availability of vaccination, so we came into it to meticulously organise and help everyone get it, spread the word that availability is there and ppl should not get anxious, this could not have done if I was not in Rotary.

In the bargain I made a lot of friends, who are still in touch with me, I was always benefitted. When you explain the need to stand for along time, they trust you. A few doctors were frightened to get injection, this was an eyeopener that even doctors get paranoid. But she became friendly with me. I miss it now, since not many people come for the vaccinations program. Like an army personnel, I was there on the dot of time, wearing a shield. I enjoyed every bit of it.

What were some of the major challenges faced and were able to overcome?

Sundar: No information on everyday supply of vaccine, what was promised was not delivered. There were Vaccine shortages -to tell the public that there is no vaccine, they get disappointed. They line up without breakfast, but requirement is that they need to eat breakfast before vaccination. So some members decided to give them snacks. We collaborated with doctors to issue x number of tokens, so everyone didn't have to wait. There was pressure from certain sections to bring their own people, we had to accommodate that.

Rajaram: Initially, there was infrastructure challenges at the PHC centre – we gave them basic amenities such as laptop, WiFi access, then started with token system, issuing tokens from 8:30 am, asked them to come in a certain order. We had 2-3 Rotarians at every centre, counselling them to maintain decorum, social distancing, so that vaccination happens quickly.



HARMONY SHOWCASE - Interview

Some political crowds tried to take advantage, we had to be diplomatic. People shouted and abused, but we cannot take it personally, sometimes Dr. Usha had to escalate it to MLA, call the police if necessary.

Always there was a doubt, whether we will be affected, as many of them came without masks, either they could not afford it or didn't understand the need for it, didn't maintain social distancing. We had to prepare ourselves mentally, that nothing will happen to us. Come home, have hot bath, and then go for business.

Usha: The govt centres are generally not clean, though PHC was well organised, multiple things are happening there. To motivate them to keep it clean was a challenge, so I started doing it myself, for eg. picking up the cotton thrown after the vaccination. Slowly they understood and over a period of time it became cleaner. I felt this was like our home, and told them that they should treat it as such.



One day, the vaccination was not happening, people were waiting from 6am in the morning and we had to send them away. One lady got upset and said, you're a waste, but I understood her situation, and said thank you. The queues would be very long, I would take a mic and explain to them who can be vaccinated, who cannot, when is the second dose. I had to stand from 9 to 4 pm, I thank God he give me energy to stand for all long, I did not feel it.

Any memorable moments?

Sundar: Lot of people were happy with the service provided by Rotary. They thought that it was done by PHC, later they realised that organising the line, chairs, was done by rotary. We got a lot of thank you messages, even on social media such as Facebook. People came forward to donate money. **Approx. 62k people have been vaccinated so far.**



One memorable moment was a 104-year-old lady 104, who came to take the vaccine, she said I don't need any help, but you guys are doing great work.

Rajaram: people in ward 18/19 saying that rotary stood as a consistent, reliable organisation - something they can look forward to in future ... when the vaccination started for below 45 age group, there was a huge relief on parent's faces, I was happy to see that... Sharing lunch with PHC staff, as a family, bridged lots of gaps. Lots of volunteers randomly came up to help. We kept rotary flag high- as Rotarians we made a big impact and became household names.

Usha: One gentleman, I took care of his mother, looked at me and said, I also want to do something. i said please give some donation, he immediately gave Rs. 4000/ to Rotary. - when I can never replace this experience with anything else. I can talk to ppl about covid – I am able to get things for ppl when they get covid, I learnt a lot of patience. I'm thrilled to get this opportunity, it's god sent – it was a like a course – I am able to understand people a lot better now. Difference of opinion can be there, but it doesn't matter. I learnt to be consistent in my thinking.

HARMONY SHOWCASE - Interview

Because of Rotary, a ramp was built for ppl with wheel chair. One of our photographer friends out of the blue came and gave a wheel chair. Opportunities you get, when you go out and do things, rotary has helped me to a great extent,

Lessons learnt —

Sundar: Crowd management was a huge challenge, everyone wanted priority, they come with influence and try to cut through the system. But we had a system that is organised, to give a time slot, and so that it is planned. PHC is capable of handling large scale vaccinations, but they need manpower.

Cowin app had a provision to book the slot, but initially the PHC staff lacked training, but they were able to figure out a few months later, after they underwent training.

PHC was not able to handle the multiple languages spoken by the crowd, Rotary was able to handle it and communicate the do's and don'ts.

Rajaram: we have to have SOPs- a well-articulated process was put in place, that's why we were successful and consistent. Rtn. Usha was considered as the boss, Sunder took charge of communication after speaking to Dr. Usha of the PHC- he would communicate which doctor is coming, what vaccines, and at what time, then he allocated where each of us should go. I would go 2 hours earlier, discipline the crowd, let them know number of tokens for the day, etc. A standard process put in place was very clear.

Support from PHC —

Dr. Usha was respectful, but to the point - She handled the situation very well. Sanjaynagar PHC was the highest in Bangalore, when it came to number of vaccinations. President Rtn. Shankar sourced lot of money, for masks, sanitisers. The senior members of our club such as PP Rtn. Kirti Mehta -being in the organisation for long, were able to guide us and caution us when necessary.

This experience has taught us that we need to prepare for such emergencies in future, by being budget ready and people ready. We need to bring into our club people who can be consistent, committed and learn through experience to become leaders. We need to collaborate with all the stakeholders in the area - we cannot rub them on the wrong side,

Usha: to ensure that everyone receives proper communication and information. Rotary is a volunteer organisation, we have to put

ourselves in the place of the other, if I'm not involved, then how will the others get help, such as the vaccination. When there is friendship, things happen on their own. For eg, in daffodil school, I didn't know anyone, but now I know everyone from peon to the principal.

Rotary is such an organisation, people can get service minded, there is a lot of systematic processes in place. Even helping someone to cross the road, such a small thing to do, but that will take us a long way. If we can have 80% of Bangaloreans as Rotarians, Bangalore will be a better place. Limit yourself to what is

there, but think out of the box, Rotary builds you, it vaccinates you to feel for other beings.



HARMONY SHOWCASE

The Rainbow 🌈

Why is the sky so dull? Didn't it have any fun? It is filled with dark clouds And it has covered the sun.

Then suddenly, it pours down rain It falls down and down in vain The sky doesn't like it But it is unable to do anything.

It rains the whole day Making the clothes wet It rains in all ways Wetting the net.

We wish and wish
That the rain stops
We blow bubble making our wishes
But the bubble pops!

The sky brightens up slowly
The sun comes out
It continues to drizzle
But what is formed is a rainbow!

So, even though the sky is dull, it means that it is getting ready to welcome the rainbow!

by Itr. Bhavna S
Interact Rajmahal Vilas
written on November 18th, 2021

HARMONY SHOWCASE





Above: Nuranang Below: Mandala birding lodge, Arunachal Pradesh. **Photographs by Rtn. Sanjay Krishna.**

Registration for District Conference



One can register for the RID 3190 District Conference by giving your name to President Rtn. Shankar, Secretary Rtn. Sabareesan or Rtn. Rajaram.

www.rotaryjashn.org

Birthdays & Wedding Anniversaries in November

We would like to wish all the members who have their birthdays and wedding anniversaries in November a wonderful and special day.

7th - Rtn. Muralidharan's Birthday

12th-Rtn. Rajesh Kunder's Birthday

13th - Rtn. Mahadev Dambal's Birthday

13th - Rtn. Narasimham Parimi's Birthday

15th - Rtn. Rajagopal Hegde's Birthday

15th - Rtn. Sabareesan & Jyothi Venkatesh's Wedding Anniversary

16th - Rtn. Sabareesan Venkatesh's Birthday

17th - Rtn. Anita Shah's birthday

17th - Rtn. Pranjit Dutta's Birthday

18th - Rtn. S.K. Bajaj's Wedding Anniversary

19th - Rtn. Rajaram Krishnamurthy & Indira's Wedding Anniversary

19th - Rtn. Narasimham & Kanaka Parimi's Wedding Anniversary

20th - Rtn. Sundar Prakash's Birthday

22nd - Rtn. Anupama & Ravinder Singh's Wedding Anniversary

25th - Rtn. Sameer Siddanti's Birthday

30th - Rtn. Ganapathy Ravi's Birthday

30th - Rtn. Sandeep & Nagashree Yadav's Wedding Anniversary

Editor's Note

It's a great honour for our club that our President received the award for best President in Zone E. One of the goals of our president is to engage more with the club members, and I hope that through our bulletin, we have been able to achieve this, by not only documenting and sharing our club's activities and achievements', but also the individual talent and achievements of our Rotary family at large.

Looking forward to further engagement with all the members.

Yours in Rotary,

Rtn. Deepa Padmanaban Bulletin Editor

