HARMONY

Rotary Bangalore Rajmahal Vilas Bulletin • Club No. 31297 • RI District 3190

Vol 26 - Issue 1 15th July 2021



RI President's Message

Dear fellow Rotarians,

We have been through trying times together. We have helped the world cope with uncertainty and adapt to rapid change. Now is the time for us to dream big.

It is time for us to take on major challenges, to do more and grow more, and most of all, for us to care for and share with others.

This year, we note all the ways that we Serve to Change Lives. Service is the rent we pay for our time on earth and we will expand Rotary service as we "grow more and do more." We will grow through "Each One, Bring One." If every Rotary member could bring just one more person to Rotary, there is no limit to how much we can grow. We will do more by putting a special emphasis on empowering girls, so young women can have improved opportunities worldwide. We will also feature Rotary Days of Service, so that all members share in our good works around the globe and look for new ways to serve beyond their backyards.

It is our attitude that defines service. We all have a great opportunity to lead by example and to inspire each other to participate in projects that have a measured and sustained impact.

The District Board has assumed important responsibilities and I thank them for this hard work. They have made a commitment to help grow Rotary, adapt to the digital future and make Rotary more appealing to younger generations.



Your good work will help us serve our communities and help Rotary thrive so we can

Serve to Change Lives.

Kindest regards,

Rtn. Shekhar Mehta Rotary International President 2021-22

District Governor's Message | RI Dist. 3190

Dear Change Maker President,

Hearty Congratulations to you and your team of Club officers on assuming office to 'Serve to change Lives'. Sabiha joins me to wish you and all your members a glorious Rotary year 2021-22.

All of us, I am sure, are delighted to be on the anvil of yet another Rotary Year of service to humanity together with strengthened fellowship & friendship. Each & every one of you is a **Change Maker** - and this is your platform. Remember always what RI President Rtn. Shekar Mehta emphasises; "it is not the magnitude of what we do that matters, it is the attitude with which we serve that matters". It is with this commitment that Rotary International has served humanity for the last 116 years & has thus far impacted millions of lives globally.

At the stroke of 12 midnight of 30th June this year again, marks the onset of new Rotary Year in RI District 3190. There will be change of guard both at the Club and the District level. With that comes the newer vision, aspiration and renewed focus on various projects and programmes that will be rolled out to address the needs of the community and thus serve the cause of Rotary.

I am sure you have all your Club plans & programmes firmed up to ensure another meaningful & a purposeful Rotary year. In this process, please engage all your members, their respective spouses and in fact, their entire family to partake in the activities of the Club throughout the year to augment fellowship among the families. Empower your team & every member to embark on projects & programmes that will make a difference to the society as we Expand our Reach, increase our Impact, Enhance Participation Engagement and Increase our Ability to Adapt.



After a lot of deliberation our District team has come up with various plans & goals, we seek to achieve this year. These goals can be achieved only through your active participation to make them happen.

'HOSA BELAKU' - is a special project so dear to me. Under Hosa Belaku my dream is to implement projects encompassing all the 7 focus areas of Rotary with special emphasis on girl empowerment to help the underprivileged belonging to the rundown neighbourhood in Namma Bengaluru. Let us join hands & work together in our goal to change lives of these underprivileged neighbours in the course of next 365 days, qualitatively.

Each & every day of this year should be a day we dedicate to be the **Change Makers** in the lives of our fellow human beings. Once this year is through, we should be able to look back with pride & say "Yes, I am indeed a Change Maker Rotarian and I made this dream come true."

'SAHAYOGA' is yet another programme that encourages your Rotary Club to partner with another Bangalore based Rotary Club to tie up with an outside Bangalore based Rotary Club to extend your helping hand to serve the local community. This I am sure yields enormous Rotary dividend to everybody's satisfaction.

Dear **Change Maker**, collaborate with your partners in service, NGO's, CSR partners to increase the bandwidth of your offering to serve the community.

As **Change Maker** our priority in the Rotary year 2021-22 is to **Serve to Change Lives** by **Engaging** with our fellow Rotarians, their families, communities we serve, the stake holder we work

with and see to that we **Empower** all of them and then work in **Collaboration** to **Celebrate** Rotary.

Wishing you & all your members once again, a wonderful Rotary Year to "Serve to Change Lives"

Yours in Rotary Service,

Rtn. Fazal Mahmood & First Lady Rtn. Sabiha Fazal

District Governor 2021-22 Rotary International District 3190

Zone Governor's Message | Zone E | RI District 3190

Since its founding in 1905, Rotary International has grown exponentially and so has its impact around the world. RI District 3190, comprises of around 150 clubs with more than 6000 capacitated members who are driven, passionate and devoted to this mission, I feel humbled to be the one taking over as the Zonal Governor of Rotary International District 3190 and I am grateful to the District Governor and the advisors.

As I stand on the verge of responsibility, I am overcome with a sense of honour and privilege but most importantly I feel committed not only to the office I'm taking but also to the cause of being the change maker.

The RI District 3190 fraternity represents a diverse set of perspectives, ethnicities, professional backgrounds and experiences, where these differences are considered an asset. A sustainable, significant and permanent change, having a positive impact on the community and society at large, can be brought about only when we come together as Change Makers.



"If nothing changes, nothing changes."

- Courtney C. Stevens

Be the change you wish to see! We are the Change Makers!

PP Rtn. M. J. Mahadeva Gowda Zonal Governor - Zone E

Assistant Governor's Message | RI District 3190

Dear Friends in Rotary,

My warmest Greetings to President Rtn Shankar Subramanian, Board members and Club members of Rotary Bangalore Rajmahal Vilas.

You are all the chosen leaders, the" ChangeMakers" for this year, so lead the club with zeal and zest in Rotary International District 3190. Inspire and motivate and involve more volunteers in your activities that the club plans to undertake both in service and fellowship.

Rotarians are People of Action and always rise to the needs of the community. Rotarians thrive for sustainable lasting changes always and even in ourselves. Your club has shown exemplary performance always and I am sure you will perform par excellence in this Rotary year.

It is my privilege and honour to be accepting the role of Assistant Governor for your prestigious Club for the RY 2021-22. I am thankful to DG Rtn. Fazal Mahmood for placing his trust in me.

I am sure your club has made elaborate plans for service in Rotary. The members are the heart and soul of a Rotary club. Be involved passionately to



enjoy the happiness in serving others. Focus on increasing membership, create sustainable strategic plans and goals, empower, and collaborate with members through engagement and participation. Celebrations follow.

Challenge yourself to 'Serve to Change lives'. Best wishes to Team Rotary Bangalore Rajmahal Vilas.

PP Rtn Rashmi Tanksali Assistant Governor 2021-22

President's Message

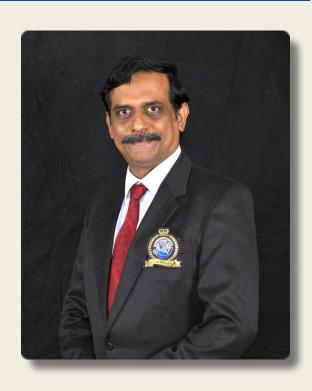
Greetings!

Om Sarve Bhavantu Sukhinah Sarve Santu Niraamayaah | Sarve Bhadraanni Pashyantu Maa Kashcid-Duhkha-Bhaag-Bhavet | Om Shaantih Shaantih ||

Meaning:

Om, May All be Happy, May All be Free from Illness. May All See what is spiritually uplifting May no one Suffer. Om Peace, Peace, Peace.

This is perhaps the most beautiful verse illustrating the whole idea of 'well-being of all' and is enormously quoted in the context of spirituality, dharma, universality, well-being. It is so relevant in this time when the entire humanity is going through one of the worst crises of our lifetime.



The previous Rotary year has been a challenging year one where we also lost a dear friend Rtn. Shivayogi to Covid and I am sure that each one of us have been affected in some or the other way because of the pandemic. I pray that the following year will be a year of healing, love and compassion for each other. I would take this opportunity to congratulate the Sky Rocker team lead by IPP Rtn. Bharath Asuri on the wonderful job they have done in spite of the hurdles they faced. Multiple meaningful projects have emerged during the year many of which are continuing this year as well. These projects have made a huge difference to the lives they have touched be it a tablet for e-learning or donating medicines for Covid relief.

As a Change Maker President and the third Rotary President from my family (previous two being First Lady Rtn. Usha Medina and my brother Rtn. Rajesh V. S.) it is a great honour to lead this prestigious club this year at the same time it is a big responsibility considering the stellar work done by our past presidents. The RI theme for the year is "serve to change lives", what an appropriate theme considering the challenging times we are living in . While the situation presents us with lots of challenges it also provide our club with a lot of opportunities. Some of the activities that we are already involved in like the vaccination drives in partnership with the Government Urban Primary Health centre has already shown what our club can at a time when the community needs leaders. Our Rotarians were at the forefront of action, putting their lives at stake where people were hesitant to step out of their homes. These efforts have already seen a ready interest in members of the community wanting to join our efforts the made a difference to the lives around us. I am sure our membership will grow in-spite of the fact that we are doing most of our activities virtually.

The second wave of Covid has rendered 1 crore people jobless, this is a time when our vocation service team should reach out and create meaningful projects to support the community to start micro enterprises and provide the knowhow

from the vast talent pool of the Rotarians. The Covid has also put a spotlight in the gaps in health care which in an opportunity for us to join hands with the local health care agencies and augment their infrastructure so that the underprivileged can have access to quality health care.

Our bulletin is also going to follow the direction given by our District Governor Rtn. Fazal Mahmood - ENGAGE, EMPOWER, COLLABORATE and CELEBRATE. We have already solicited articles, poems from all our members, Anns, Annetes, Rotaractors and Interactors and we are amazed to see the talent emerging from them. I wish our bulletin editor Rtn.Deepa Padmanabhan and Rashmi all the best in bringing out newsletters that will showcase the spirit of Rotary Rajmahal Vilas every month.

Rtn. Usha and I look forward a wonderful year with all of you. Rotary is a mix of fellowship and service so I am also hoping that we can have a good time together through meaningful speaker meetings, fun events involving out families and also offline meets when the situation allows us. This is also a great moment to look at the appropriateness of our club vision "together we find joy in promoting peace and friendship through service to create a lasting change in our communities".

Rtn. Shankar Subramanian President 2021-22 Rotary Bangalore Rajmahal Vilas



Events for July, 2021





Thanksgiving Celebrations

Rotary We cordially invite you and your family to a get-together Evering with the Sky-Rockers RY 2020-21 on Saturday, 10th July, 2021 at 6pm at Hotel R.G. Royal 6-6:45pm Meeting | 6:45-7:30 pm Cocktails | Dinner 7:30pm onwards Hosted by Rtn. Bharath Asuri President 2020-21 Rtn. Rajagopal Hegde Rtn. Sarangan V. T. Secretary 2020-21 Treasurer 2020-21 VENUE: Hotel R.G. Royal, Behind Ravindu Toyota, Near ISKCON Temple, Mahalakshmi Layout, Yeshwanthpur, Bengaluru-560-86 RSVP on Whatsapp: Rtn. Rajagopal Hegde 9845076057

MONTHLY CALENDAR



Weekly Meetings

Appreciative Beginnings | 2nd July, 2021

To start the year on an appreciative beginning, the first meeting of the RY 2021-22 was an interactive session. Our Membership Development Director, Rtn. Rajaram Krishnamurthy, moderated the session as we were introduced to our five new Rotarians - Rtn. Anil Ganna, Rtn. Narsimham

Parimi, Rtn. Padmanabha Rao, Rtn. Anupama Ravinder Singh and Rtn. Pradip Kumar Singh - by their proposing member, following which they introduced themselves and spoke about their motivation to join Rotary.



Blast from the Past (Presidents) | 8th July 2021

Past Presidents of the club, Rtn. SK Bajaj, Rtn. Kirti Mehta, Rtn. Usha Medina, Rtn. Rajesh Kunder, Rtn. Arjun Merwade, Rtn. Mahadeva Dambal and Rtn. Anita Shah, took us down their memory lane to talk about their experiences as successful leaders of the club. The talk was moderated by PP Rtn. Sanjay Krishna.

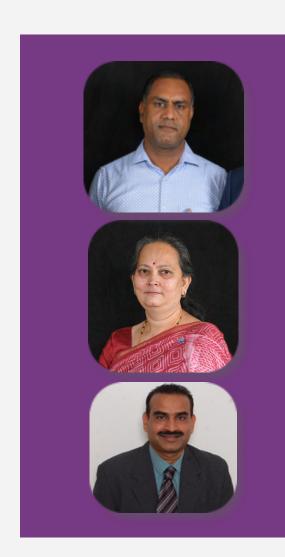


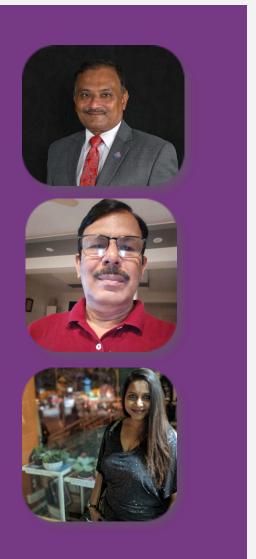
New members

Anil Ganna was born in 1975. He is an entrepreneur in the jewellery business. His hobbies are food, travel and numismatics. His family consists of his wife, Hemalatha, and three children. His elder daughter, Ishika, is doing her BBA degree, younger daughter, Vidhi, is studying in 10th and his son, Adeesh is studying in 10th.

Anupama Ravinder Singh is an entrepreneur based in R.T. Nagar. Her family consists of her husband, Ravinder Singh and three sons, Shakti, age 27; Tejas, 23 and Raj Kumar, age 17.

Narsimham Lakshmi Parimi was born in 1969. He is a Global Digital Portfolio Manager with ABB. His hobbies are walking, running, travelling and trekking. His family consists of his wife, Kanaka Laxmi, and 17 year old son, Anirudh and 15 year old daughter, Niharika.





S. Padmanabha Rao was born in 1971. He is a Senior Video Journalist with Agence France Presse. Previously worked in WION, Times Now and ANI(Asian News International), covering breaking news on politics, sports, business, crime. His hobbies are photography, badminton and travelling. His wife, Shashikala is a Sr. Finance Analyst. His older daughter, Harini is an Aerospace engineer and his younger daughter, Deepti is studying in 1st PUC.

Pradip Kumar Singh was born in 1963. He is retired from IAF, and is now self-employed in the insurance industry. His wife, Sheela is a homemaker. His daughter, Kavitha is self-employed and his son, Manish works for Indeed. His hobbies are listening to old romantic Hindi songs.

Tanya Raj is Assistant Director, Head of Forensic and Corporate Compliance at Acuity Knowledge Partners. She has a degree in BBM Marketing and is a trained psychology counsellor. Previously, she was a charter member of Rotary Bengaluru Lake World.

A Fun Evening With The Sky Rockers at R.G. Royal | 11th July, 2021



A Night of Thanksgiving, Recognitions and Fellowship, hosted by the SkyRocker PST



Service Activities

First Day First Show | 1st July 2021

On occasion of world doctors day, We wished the doctors working at the PHC and Vaccination centres and distributed sweets. We also gave bedsheets to the PHC as was a long pending request to spruce up the PHC, thanks to Rtn. Usha Medina in spite of her busy schedule.

President Rtn. Shankar also had the opportunity to connect with the Rotary Volunteers who have been dedicatedly working at the vaccination centre for the last 3-4 months.

Clothes and shoes distributions was also organised for poor children at the Sadarmangala slum in Whitefield, via a donor - Mr. James, connected via facebook.























Outreach: New Interact Club

We are planning to start a community based Interact club for students from grade 8 to 12, residing in and around the Rajmahal Vilas area. There has been a good response so far- just one day since the announcement, 9 students have signed up. IPP Rtr. Akshatha Sukumar, of Rotaract Rajmahal Vilas, will bring her leadership skills and youthful energy to mentor the Interactors.

We urge Rotarian members who have kids or know kids who fall in this age group to encourage them to sign up- it will be a great opportunity for them to pick up leadership skills.



Ration Distribution for Migrant workers | 11th July 2021

Rations were distributed to the families of migrant workers who were affected by the pandemic. Thanks to Rtn. Prof. Srinivas Vasudev for identifying the needy families and directing or relief works. President Rtn. Shankar, President Elect Rtn. Vinod Singh, Community Service Director Rtn. Sanjay Krishna, Membership Director Rtn. Rajaram, new members Rtn. Anil Ganna and Rtn. Padmanabha Rao, helped in distributing the aid. Rtn. Ravi Arora organised the relief kits at short notice.



Sahayoga - Gift a Mask for students | 13th July 2021

We partnered with a Rural Club - the **Sahayoga Program** - by coordinating with the District, to distribute masks for exam going school children. This was supported by Rotary Tumkur Central, and our club sponsored 2000 masks.





SERVE TO CHANGE LIVES "Gift a Mask 2.0" A initiative of District Literacy Committee, RI District 3190, in the focus area of Disease Prevention & Health Care during Covid-19 pandemic

Vaccination Drive at Sadaramangala Slum | 14th July 2021

As a part of the **Hosa Belaku** District Program, our club partnered with Rotary IT Corridor to hold a free vaccination camp at the : Sadaramangala Slum Board, Whitefield on the 14th of July. With the help of a local volunteer and BBMP that had sent its mobile vaccination team, 285 people (above 18 years), were vaccinated. Our Rotarians Rtn. Sabareesan and Rtn. Sarangan were present on the field.









Rotarians Rally To Help Each Other

PP Rtn. Arjun Merwade tested positive for Covid-19 in April during the peak of the second wave. He narrates how several Rotarians rallied to help him during this difficult time.

In April, my younger son was having fever. It did not subside for 2-3 days, so our family doctor asked him to test for covid. The test came positive. We were worried as are 10 members in the family, 7 adults and 3 children. All of us got tested and 7 of us were found positive. It was scary, myself and my wife were serious. All others were mild, so they were advised home quarantine. Our family doctor told us to get admitted, but no bed was available. My son contacted PP Rtn. Rajaram and Rtn. Shankar. They took the matter very seriously, we had informed them at 4pm, and they got me the bed by night in Ramaiah hospital on 18th April. I was reluctant to get admitted, so they roped in DG Nagendra Prasad, he was co-president during my tenure. He convinced me to get admitted. So myself and my wife got admitted around midnight.



Treatment was started, I was put on oxygen after couple of days. My wife became alright soon, and was discharged after 5 days. I was not very comfortable, and I wanted to get discharged after my wife. but the doctors did not approve. The doctors attention towards us was not good, we were 20 odd patients in covid ward. Rtn Shankar, PP Rtn Rajaram and PP Rtn. Dambal called me and told me to stay on, so I agreed. My sons and many Rotarians were keeping track of the treatment. Rtn Shankar was putting updates of my condition in the official group. I was finally discharged after 10 days on 29^{th} April.

After discharge, Pres. Rtn. Bharath Asuri organised an oxygen concentrator for me for 2-3 days. Many Rotarians called to enquire about me, and I am so happy about it. Dr. Belagavi also gave timely advice to my sons how to proceed on all steps, about getting blood tests etc. The discharge summary was not clear. So his contact, a family physician gave clear picture on how to take the medicines after discharge. Now, I'm back to normal. I had 2 follow up check- ups, and all reports are good. I am thankful to all Rotarians who helped me during this difficult time.

(As told to Rtn. Deepa Padmanaban)

Voice For Youth

Rotary Rajmahal Vilas has been sponsoring 4 Rotaract clubs -

- 1. Rotaract Presidency College, (Institute Club)
- 2. Rotaract Ramaiah Institute of Management Studies, (Institute Club)
- 3. Rotaract Rajmahal Vilas and (Community Club)
- 4. Rotaract Ambedkarnagar (Community Club)

Message from IPP Rtr. Akshatha Sukumar, Rotaract Raimahal Vilas:

The beginning of Rotaract year 2020-21 was surely very different compared to previous years.

To bring a group of people together at the time when we can't physically meet or go outdoors, our club came strong together! After some months, when the situation had eased down, we had our first meet up! It was amazing to be among people who had the spark in them, who were passionate to bring in changes to this world. I still remember the sunset we all saw that day; we were caught up in the euphoria of the moment. We smiled and laughed as we enjoyed it, at that point we had forgotten our worries and troubles and had truly become one as a Club with a distinguish goal "To give back to the Community". Our journey together has only begun, to turn more dreams to reality, to see more beautiful sunsets under the pink sky together!

IPP Rtr. Akshatha Sukumaran now holds a role in the District as District Secretary, Administration.

Message from President, Rtr. Yeshwanth Gowda, Rotaract Rajmahal Vilas:

The beginning of Rotaract year 2020-21 was surely very different compared to previous years. We didn't know for how long the pandemic would go on, all of us scared of losing our loved ones to the virus and yet we mustered up the courage to face the situation.

Our club came strong together, from struggling to fix meetings at the start to successfully executing major events online, we sure did come a long way! And we are also sure this Rota Year that our club will come out with flying colors and will have impactful and sustainable projects. We have such an amazing support from the newly joined and existing members who has given their 100% for everything they were part of.

For this Rotaract Year 2021-22,

Rtr. Yeshwanth Gowda is our President, Rtr. Sharan is the Secretary, Rtr. Rashi Pareek will be our Treasurer and, Rtr. Vipin D will serve as our Jt. Treasurer.

We are planning to have our first Sister Club Agreement for the Rota Year 2021-22 with Rotaract Club of Mumbai Western Elite, RID 3141.

We hope to have an amazing year ahead with the support of our Club Members, Rotarians, District and friends of Rotary and Rotaract.

Thank you. Yours in Rotaract,

Rtr. Yeshwanth Gowda President | 2021-22

Rtr. Sharan Secretary | 2021-22

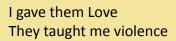
HARMONY SHOWCASE

Poetry corner

Down to Earth

They came, saw and conquered They explored and exploited The four seasons, my daughters Are ill-treated and molested

I gave them fruits and roots
They threw stones at me
I gave them birds and butterflies
They forgot to appreciate beauty
I gave them rivers and streams
They drowned dead bodies in me
I gave my extended hands to protect
They dug the mountains for mines
I gave them pure air to breath
They suffocated me with impurities
I gave them flowers and bowers
They made me a concrete jungle
I gave them pleasure of giving
They deprived me of myself





https://www.awebic.com/55-fotos-chocantes-sobre-poluicao-ambiental-para-inspirar-qualquer-pessoa-a-reciclar/

© Vasudev/2021

Rtn. Srinivas Vasudev was recently awarded the third prize for the International English Poetry competition conducted for Rabindranath Tagore Award.

The Cool Dude

My birth chart said I would be a saint
With meat & spirit, my childhood days he did taint
A childhood buddy I persevered & preserved
Fun, frolic & laughter when we met, we deserved
Went thro vagaries of really tough emotions & difficulties in Life
Overcame the obstacles like slicing a butter with a knife
Both were there always for each other
Shared our tribulation without a bother.
He is the dude, I would call when I am down
Knowing well he would be drunk & lying somewhere in the town
Towards each other we have no love and much malice
And we forgot all that, over whisky filled Chalice
Now both of us have left the "spirits & become Spiritual.
And trekking to Kailash to merge ourselves with the ACTUAL.

-Rtn. Surendraa Singhvii

HARMONY SHOWCASE

Poetry corner

Lockdown blues

My bumb is numb My neck is stiff How much longer do I sit like this?

Escape the long work drive But in my living room I thrive How much longer do I live like this?

Wiping groceries clean Faces not to be seen How much longer do I stay safe like this?

Debate ideas remotely

Moderate webinars mostly

How much longer do I work like this?

Everyone's on zoom
Can they make me some room
How much longer do I socialize like this?

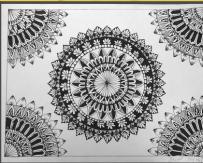
Netflix gets boring Puzzles all done How much longer do I live like this this?

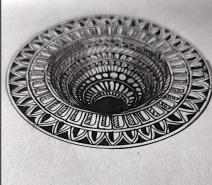
Looking forward to a travel What mysteries will unravel How much longer do I dream like this?

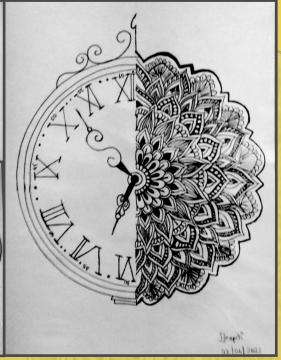
- Deepthi Poovayya
Daughter of Rtn. Radhika Poovayya

Artistic expressions









Mandala artwork by Deepti Rao, daughter of Rtn. Padmanabha Rao

Birthdays in July

We would like to wish all the members who have their birthdays and wedding anniversaries in July, a wonderful and special day.

1st - Rtn. Suhail and Arshi Ahmed's anniversary

3rd - Rtn. Deepa Sashindran's birthday

Rtn. Dr. Vasudev Srinivas's birthday

Rtn. Pradip Kumar & Sheela Singh's anniversary

6th - Rtn. Deepa Sashindran's anniversary

7th - Rtn. Prof. Eswaran's birthday

8th - Rtn. Sarangan & Indira's anniversary

17th - Rtn. Ravi & Shikha Arora's anniversary

18th - Rtn. V.G. Srieedhar's birthday

21st - Rtn. Radhika Poovayya's birthday

24th - Rtn. Sanjay Sethiya's birthday

25th - Rtn. Deepak Galagali's birthday

Editor's Note

"It's a new dawn, it's a new day, it's a new life..." Michael Buble's song, 'Feeling Good' aptly captures my sentiments as we begin the new Rotary year, whilst overcoming the dreadful second Covid wave. I hope this year will bring some sense of normalcy, although we still need to maintain caution, given the possibility of a third wave.

President Shankar's vision is to engage as much as possible with our Rotarian family. With this intent, we welcome contributions to our newsletter by Rotarians, Anns, Annettes, and Rotaractors. This could be in the form of a poem, essay, art, or drawings.

I look forward to showcasing the bright talent of our Rotarians and their family members.

Stay safe and healthy.

-Rtn. Deepa Padmanaban Bulletin Editor



