# **HARMONY**

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#### **Presidents** note

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The phrase "Rotary Connects the world", is not just a theme for the Rotary year 2019-20 given by our RI President Rtn. Mark Maloney, but a statement that reveals the true spirit of Rotarians across the Globe.

As Rotarians, we can connect with people in any part of the world irrespective of race, religion, occupation or nationality. I had the first hand experience of this connection when I got in touch with the Rotary Club of Durham, United Kingdom who hosted me on the 3rd October 2019 and enabled me to exchange my Club flag with theirs. The Club, headed by their President, Rtn. Martin Leake, extended a very warm welcome and we are now connected on facebook.

Facebook, LinkedIn, Twitter and so on are the social networking sites creating all the buzz these days. That said, Rotary has been the world's first offline LinkedIn. It brought together like minded, professionals who continue to do good in the world.

My friends, I urge you to stay connected to Rotary and its activities, because Rotary connects the world.

- Rtn. Sanjay Krishna

# **Medical Camp for Pourakarmikas**

2nd & 4th Oct, 2019

The month started with a medical health check-up for the Pourakarmikas working in the RMV extrension area. This was spear-headed by Rtn. Dr. Belagavi, in the presence of our members, along with the aid of the Humain Health Laboratories, RMV Hospital doctors and the support of the BBMP. It was held on two days. On the 2nd of October, the tests were done, while on the 4th, they werre given their respective reports, wherein they individually met with general physicians and specialists who could guide them further. It was much appreciated by the workers, since this took a preventive step in their healthcare than after being diagnoised with an ailment.









# Flag Exchange

3rd Oct, 2019

As mentioned earlier, our President Rtn. Sanjay Krishna, had the opportunity to interact with an International Club on their soil. He visited the Rotary Club of Durham, United Kingdom, which meets at Hotel Ramside Hall, Durham, every Thursday at 12 Noon. He had received a warm welcome from the club members who hosted him for lunch. There was also the customary exchange of the Club flag with his fellow President. The Rotary Club of Durham is a part of Rotary North East (District 1030) serving North East England, which was chartered in 1923 and currently has a strength of about 40 members.





On the occasion of World Sight Day, RI District 3190's project of Rotary Vision 2020 with the help of the Avoidable Blindness Committee's, conducting Eye screening camps at various schools and an Old age home, focussing the attention on Blindness and Vision impairment. Our Public Image chair Rtn. Usha Shankar, along with Rtn. Chhaya Navandar and Rtn. Ravi Arora, aided in this District project by helping conduct the camp at an Old age home, and also took part in a a Blind Walk in the city, that was co-organised by Rotary Bangalore Abilities along with Project Vision district team. During the walk, visually impaired volunteers guided the participants who were blind-folded. The purpose of the blind walk was to empower the visually impaired and to raise awareness about Eye Donation.





## Gearing up for 2020 - Shruti Samvaad Project 11th Oct, 2019

As we gear up for the second half of the year, it was time to talk about our projects indepth. One of the focuses of the club in the Service Projects for the year is the Shruti Samvaad project, which is a screening program to detect and prevent hearing loss in infants. To help us understand this process better, we had our member Rtn. Radhika Poovayya, give us a walk through presentation. This helped members better appreciate the scale and importance of this project.





#### **ICGF - Vocational Service - Disha**

The district ICGF - Vocational Service - Disha was held at the NIMHANS convention Centre. It was an energetic and empowering event, where there was active participation from our very own women Rotarians and Rotaractor, for the Dandiya performance, that was beautifully choreographed and were beautifully dressed for the dance.



#### **Koira Lake Visit**

19th Oct, 2019

Rotary International focuses on providing clean water to sustain a healthy environment and productive life through its programs by uniting people to take action for creating lasting change across the globe, and in local communities.

In view of this the other major Service Projects for the year for the club is the Lake rejuvenation project of the Koira lake, which is the first lake in the Arkavathy Catchment area, with the objective to increase the water holding capacity of the lake by 50% and also supports many forms of life resulting in creation of bio-diversity to maintain ecological balance. Thus the lake rejuvenation helps aid in solving the impending water crisis of the city.

To survey and witness in real time the scale of the project, we made a visit to the lake, which was an eye-opening visit to see the 19 acres of land that needs to be worked on, along with the local community the Rotary Community Corps (RCC) named - RMV Arkavathy.



#### **Project management workshop**

The District held a Project Management Workshop for Rotarians partnering with the Project Management Institute, Bangalore, as a part of their Outreach program. Our member Rtn. T.V.P. Chowdry took part in it.





Pinkathon 20th Oct, 2019

On the 20th, early Sunday morning, Rotarians and Rotaractors of Dist.3190 came together for Pinkathon- A Walkathon for Sustainable Menstruation and Menstrual Health for Women, where our club Rajmahal Vilas, was a fellow participating and organising club. It was well attended by the public as well as presence by our members, making the initiative a successful one in communicating the intended message.



## **Speaker meeting - Anand Malligavad**

25th Oct, 2019

Following the lake visit, we were scheduled to have Lake conservationist, Mr. Anand Malligavad, to come speak to the members of the club on his undertaking and efforts to rejuvenate the lakes around Bengaluru city. A screening of this work and his TED talk with a conference call with him was arranged. It was an enlightening to know of his efforts and dedication.

Following this, our club adopted daughter - Kum. Pooja's birthday was celebrated with her and her family's presence.





## **Public Image - Keep Bengaluru Clean**

In other news, as an initiative by our Public Image Chair, Rtn. Usha Shankar had got banners printed with the message to keep Bengaluru Clean, Not to Litter, and to dispose of waste in designated areas. These were put up in different localities in and around RMV.



#### **From the Editors Desk**

The month of October has been very productive, lot of service activities and vibrant fellowship at the Club and at the District. The Health Camp for the Pourakarmikas was soul satisfying, thanks to Dr. Belagavi. I see an increased member participation in various activities of the club, which is very encouraging. Looking forward for a vibrant November.

- Rtn. Rajesh Kunder